

NOVEMBER 2019 FITNESS

Sun	Mon	Tue	Wed	Thu	Fri	Sat
					1 Hike 7:45 Yoga 8 Pickleball 8:30 Club Tennis 9 Water aerobics 1 Bowling	2 8 Pickleball 8:30 Club Tennis
3 1 Ping Pong 6 Pickleball	4 Men's Golf 8 Pickleball 8:30 Club Tennis 7:45 Yoga 9 Water aerobics	5 Hike 8 Pickleball 8:30 Ladies Tennis 8:15 Fun & Fit 8:30 Ai Chi pool 9:20 Chair Yoga 10:30 Stretch & Ton 11:30 Strength & B 1 Bocce 2 Ladies 9 hole 6 Pickleball	6 7:45 Yoga 8:30 Club Tennis 8:15 Fun & Fit 8:30 Ai Chi pool 9:20 Chair Yoga 10:30 Stretch & Ton 11:30 Strength & B 9 Water aerobics 1:30 Ping Pong 2 Men's 9 hole	7 Men's Golf 8 Pickleball 8 :30 Ladies Tennis Fitness Classes in Fiesta Room Canceled 1 Bocce 6 Pickleball	8 Hike 7:45 Yoga Canceled 8 Pickleball 8:30 Club Tennis 9 Water aerobics 1 Bowling ARTS & CRAFTS FAIR 9 TO 3	9 8 Pickleball 8:30 Club Tennis ARTS & CRAFTS FAIR 9 TO 3
10 Ping Pong Canceled 6 Pickleball	11 Men's Golf 8 Pickleball 8:30 Club Tennis 7:45 Yoga 9 Water aerobics	12 Hike 8 Pickleball 8:30 Ladies Tennis 8:15 Fun & Fit 8:30 Ai Chi pool 9:20 Chair Yoga 10:30 Stretch & Ton 11:30 Strength & B 1 Bocce 2 Ladies 9 hole 6 Pickleball	13 7:45 Yoga 8:30 Club Tennis 9 Water aerobics 1 P. Pong Canceled ANNUAL MEETING 6:00 P.M.	14 Men's Golf 8 Pickleball 8:30 Ladies Tennis 8:15 Fun & Fit 8:30 Ai Chi pool 9:20 Chair Yoga 10:30 Stretch & Ton 11:30 Strength & B 1 Bocce 6 Pickleball	15 Hike 7:45 Yoga 8 Pickleball 8:30 Club Tennis 9 Water aerobics 10 Beg Dance 11 Inter Dance 1 Bowling	16 8 Pickleball 8:30 Club Tennis
17 1 Ping Pong 6 Pickleball	18 Men's Golf 8 Pickleball 8:30 Club Tennis 7:45 Yoga 9 Water aerobics	19 Hike 8 Pickleball 8:30 Ladies Tennis 8:15 Fun & Fit 8:30 Ai Chi pool 9:20 Chair Yoga 10:30 Stretch & Ton 11:30 Strength & B 1 Bocce 2 Ladies 9 hole 6 Pickleball	20 2 Men's 9 hole 7:45 Yoga 8:30 Club Tennis 9 Water aerobics 1 Ping Pong 2 Men's 9 hole	21 Men's Golf 8 Pickleball 8:30 Ladies Tennis 8:15 Fun & Fit 8:30 Ai Chi pool 9:20 Chair Yoga 10:30 Stretch & Ton 11:30 Strength & B 1 Bocce 6 Pickleball	22 Hike 7:45 Yoga 8 Pickleball 8:30 Club Tennis 9 Water aerobics 10 Beg Dance 11 Inter Dance 1 Bowling	23 8 Pickleball 8:30 Club Tennis
24 1 Ping Pong 6 Pickleball	25 Men's Golf 8 Pickleball 8:30 Club Tennis 7:45 Yoga 9 Water aerobics	26 Hike 8 Pickleball 8:30 Ladies Tennis 8:15 Fun & Fit 8:30 Ai Chi pool 9:20 Chair Yoga 10:30 Stretch & Ton 11:30 Strength & B 1 Bocce 2 Ladies 9 hole 6 Pickleball	27 7:45 Yoga 8 :30 Club Tennis 9 Water aerobics 2 Men's 9 hole VILLAGE CENTER CLOSSES AT 2:00 P.M.	28 Men's Golf 8 Pickleball 8 :30 Ladies Tennis 8:30 Ai Chi Pool 1 Bocce 6 Pickleball Thanksgiving Day VILLAGE CENTER CLOSED	29 Hike 7:45 Yoga 8 Pickleball 8:30 Club Tennis 9 Water aerobics 10 Beg Dance 11 Inter Dance 1 Bowling	30 8 Pickleball 8:30 Club Tennis