

Fitness September 2018

Sun	Mon	Tue	Wed	Thu	Fri	Sat
						1 7 Pickleball 7 Club tennis
2 1 Ping Pong 6:30 Pickleball	3 Men's Golf 7 Pickleball 7 Club tennis 7:45 Yoga 9 Water aerobics <hr/> VILLAGE CENTER HOURS 7AM—2PM	4 7 Pickleball 7 Ladies tennis 7:30 Ladies 9 hole 8:15 Yoga 9 Bocce 9:30 Stretch 6:30 Pickleball	5 7 Pickleball 7 Club Tennis 7 Men's 9 hole 7:45 Yoga 9 Water aerobics 1 Ping Pong	6 Men's Golf 7 Pickleball 7 Ladies tennis 8:15 Yoga 9 Bocce 9:30 Stretch 6:30 Pickleball	7 7 Pickleball 7 Club Tennis 7:45 Yoga 9 Water aerobics 1 Bowling	8 7 Pickleball 7 Club tennis
9 1 Ping Pong 6:30 Pickleball	10 Men's Golf 7 Pickleball 7 Club tennis 7:45 Yoga 9 Water aerobics	11 7 Pickleball 7 Ladies tennis 7:30 Ladies 9 hole 9 Bocce 9:30 Stretch 6:30 Pickleball	12 7 Pickleball 7 Club Tennis 7 Men's 9 hole 7:45 Yoga 9 Water aerobics 1 Ping Pong	13 Men's golf 7 Pickleball 7 Ladies Tennis 9 Bocce 9:30 Stretch 10:30 Strength 6:30 Pickleball	14 7 Pickleball 7 Club tennis 7:45 Yoga 9 Water aerobics 1 Bowling	15 7 Pickleball 7 Club tennis
16 1 Ping Pong 6:30 Pickleball	17 Men's golf 7 Pickleball 7 Club tennis 7:45 Yoga 9 Water aerobics	18 7 Pickleball 7 Ladies tennis 7:30 Ladies 9 hole 9 Bocce 9:30 Stretch 10:30 Strength 6:30 Pickleball	19 7 Pickleball 7 Club tennis 7 Men's 9 hole 7:45 Yoga 9 Water aerobics 1 Ping Pong	20 Men's golf 7 Pickleball 7 Ladies tennis 9 Bocce 9:30 Stretch 10:30 Strength 6:30 Pickleball	21 7 Pickleball 7 Club tennis 7:45 Yoga 9 Water aerobics 1 Bowling	22 7 Pickleball 7 Club tennis
23 1 Ping Pong 6:30 Pickleball	24 Men's golf 7 Pickleball 7 Club tennis 7:45 Yoga 9 Water aerobics	25 7 Pickleball 7 Ladies tennis 7:30 Ladies 9 hole 9 Bocce 9:30 Stretch 10:30 Strength 6:30 Pickleball	26 7 Pickleball 7 Club tennis 7 Men's 9 hole 7:45 Yoga 9 Water aerobics 1 Ping Pong	27 Men's golf 7 Pickleball 7 Ladies tennis 9 Bocce 9:30 Stretch 10:30 Strength 6:30 Pickleball	28 7 Pickleball 7 Club tennis 7:45 Yoga 9 Water aerobics 1 Bowling	29 7 Pickleball 7 Club tennis
30 1 Ping Pong 6:30 Pickleball						

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