

June 2018 Fitness

Sun	Mon	Tue	Wed	Thu	Fri	Sat
					1 7 Pickleball 7 Club Tennis 7:45 Yoga 9 Water aerobics 1 Bowling	2 7 Pickleball 7 Club tennis
3 1 Ping Pong 6:30 Pickleball	4 Men's Golf 7 Pickleball 7 Club tennis 7:45 Yoga 9 Water aerobics	5 7 Pickleball 7 Ladies tennis 7:30 Ladies 9 hole 9 Bocce 9:30 Stretch 10:30 Strength 6:30 Pickleball	6 7 Pickleball 7 Club Tennis 7 Men's 9 hole 7:45 Yoga 9 Water aerobics 1 Ping Pong	7 Men's Golf 7 Pickleball 7 Ladies tennis 9 Bocce 9:30 Stretch 10:30 Strength 6:30 Pickleball	8 7 Pickleball 7 Club tennis 7:45 Yoga 9 Water aerobics 1 Bowling	9 7 Pickleball 7 Club tennis
10 1 Ping Pong 6:30 Pickleball	11 Men's Golf 7 Pickleball 7 Club tennis 7:45 Yoga 9 Water aerobics	12 7 Pickleball 7 Ladies tennis 7:30 Ladies 9 hole 8:15 Yoga 9 Bocce 9:30 Stretch 10:30 Strength 6:30 Pickleball	13 7 Pickleball 7 Club Tennis 7 Men's 9 hole 7:45 Yoga 9 Water aerobics 1 Ping Pong	14 Men's golf 7 Pickleball 7 Ladies Tennis 8:15 Yoga 9 Bocce 9:30 Stretch 10:30 Strength 6:30 Pickleball	15 7 Pickleball 7 Club tennis 7:45 Yoga 9 Water aerobics 1 Bowling	16 7 Pickleball 7 Club tennis
17 1 Ping Pong 6:30 Pickleball	18 Men's golf 7 Pickleball 7 Club tennis 7:45 Yoga 9 Water aerobics	19 7 Pickleball 7 Ladies tennis 7:30 Ladies 9 hole 8:15 Yoga 9 Bocce 9:30 Stretch 10:30 Strength 6:30 Pickleball	20 7 Pickleball 7 Club tennis 7 Men's 9 hole 7:45 Yoga 9 Water aerobics 1 Ping Pong	21 Men's golf 7 Pickleball 7 Ladies tennis 8:15 Yoga 9 Bocce 9:30 Stretch 10:30 Strength 6:30 Pickleball	22 7 Pickleball 7 Club tennis 7:45 Yoga 9 Water aerobics 1 Bowling	23 7 Pickleball 7 Club tennis
24 1 Ping Pong 6:30 Pickleball	25 Men's golf 7 Pickleball 7 Club tennis 7:45 Yoga 9 Water aerobics	26 7 Pickleball 7 Ladies tennis 7:30 Ladies 9 hole 8:15 Yoga 9 Bocce 9:30 Stretch 10:30 Strength 6:30 Pickleball	27 7 Pickleball 7 Club tennis 7 Men's 9 hole 7:45 Yoga 9 Water aerobics 1 Ping Pong	28 Men's golf 7 Pickleball 7 Ladies tennis 8:15 Yoga 9 Bocce 9:30 Stretch 10:30 Strength 6:30 Pickleball	29 7 Pickleball 7 Club tennis 7:45 Yoga 9 Water aerobics 1 Bowling	30 7 Pickleball 7 Club tennis

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