

The Sun Catcher

February 2025

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COMMITTEES
ACTIVITIES
ARCHITECTURAL
ELECTIONS
FINANCE
GOVERNANCE/AD HOC
LANDSCAPE
PRESERVATION of
RESERVE ASSET (PRAC)
SOLAR TASK FORCE
SPORTS COURTS/AD HOC
STRATEGIC TASK FORCE
WEBSITE
WELCOME

A MESSAGE FROM KEN ROPP 2025 Board of Directors President

FEBRUARY IS THE MONTH OF THE HEART ♥

The heart of our Sunflower Community is our Village Center. So many activities and events happen here. Let's all take a moment to appreciate all the hard work that goes into making all of this possible. We have an amazing staff, along with far too many volunteers than can possibly be named here.

Thank you to all who participated in creating, organizing and implementing the following February events:

The Minnesota Gathering on Saturday, February 1st will bring together some of our Sunflower residents who enjoy getting together with neighbors from Minnesota.

A Wine & Music Event on Saturday, February 8th will bring together those who want to socialize and enjoy some wine and music with other Sunflower residents.

The February Potluck & Social Club Event will be held on Thursday, February 13th and Saturday, February 15th, respectively. Come on out and enjoy your friends and neighbors with some good food too!

Of course, there are always the usual, fun-filled events, sponsored by our **Activities Committee**: Games Nights on Friday, February 14th and Tuesday, February 25th ~ AND ~ Life Enrichment & Karaoke, both on Tuesday, February 18th.



CASINO NIGHT AT SUNFLOWER

Do you like to play **black jack, craps or roulette**? If not, would you like to learn to play? The **Activities Committee** will be hosting a **Casino Night** with professionals to help you at every table. We will be serving heavy appetizers and punch or BYOB. A Silent Auction, with wonderful prizes, will be held at the end of the event where you can use your chips to bid on auction items. We have over 50 auction items as of this moment including: a Dinner-for-4 at White Stallion Ranch, a Dinner-for-2 at Cracker Barrel & many, many more gift certificates & much, much more!

Casino Night will be held
Saturday, February 22nd
from 4:00 to 7:00 p.m.
Cost is \$25.00/person.

Ticket Sales will be:

Tuesday, February 4th from 1:00 to 2:30 p.m.
~ and if not sold out, on ~
Thursday, February 13th from 10:00 to 11:30 a.m.
(Only 2 tickets per household)

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Client Testimonial

Judy is an absolute joy to work with! Our family has always leaned on her expertise since '07 as we continue to navigate moving around Tucson. She is very knowledgeable, organized and communicative.

Thank you for all that you do, Judy!

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Marana

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”



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If you or anyone is interested in buying or selling, please contact me.
Michele Biller, Your Neighborhood Specialist | 520-780-1469
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ARCHITECTURAL REVIEW COMMITTEE

By Lisa Sak

The *Architectural Review Committee* would like to remind residents that any additions, changes, or modifications to the exterior of your home need to go through **ARC for approval**. All EXTERIOR PAINTING projects need to go through ARC for approval. The ARC application form is available at the front desk and on Sunflowerliving.com. There are two paint books with approved colors at the Village Center. One is always kept at the Center for residents to look through; and one book can be checked out for 24 hours, with a \$25 refundable deposit. **Thank you for your cooperation.**

ARC applications are due the Thursday **before** the following Tuesday meeting by 2:00 p.m. This gives the office time to process the applications and send them to the committee for evaluation before the committee meets. If an application is dropped off at the Center **after 2:00 p.m. on the Thursday before the meeting**, it will be held until the next-scheduled meeting. **ARC can no longer accept late drop offs.** Residents are always welcome to attend an ARC meeting.

***ARC meetings are ALWAYS on the 1st & 3rd Tuesday of each month:
February 4th & 18th @ 9:00 a.m. in the Craft Room***

ELECTION COMMITTEE

By Dennie Linde-Sonntag

Now that our 2025 Board of Directors elections have been completed, we sincerely appreciate all of the people who worked so hard to make it the great success it was! We have a great new BOD and look forward to great things for our Sunflower Community in the new year!

Please note the *Election Committee* will begin their new-year meetings in **March, 2025**. Please check the monthly Sun Catchers and/or weekly Communicators for further information as the time draws closer. We invite everyone to join us at that time.

Until then, we hope 2025 brings health & happiness to all in our Sunflower Community.



Monday, February 17th

FINANCE COMMITTEE

By Bonnie Scott

What is CIF (Community Improvement Fee)? When the CC&Rs (Covenants, Conditions & Restrictions) were updated in 2008, the Community Improvement Fee was established. The CIF funds collected must be maintained in a separate account and can be used only for Community Improvement project(s).

Some of the past CIF projects were:

Sport courts in concrete (were in asphalt); Rear deck shade; Smart irrigation; Remodel of kitchen; Adding HVAC to the kitchen; Expanding the Fitness area and expanding the Fiesta Room; Upgrading the Reception area and Lobby Engineering and re-plumbing for the Pool upgrade.

The money that goes into the CIF fund comes from a fee of 100% of the annual assessment for the most recent fiscal year of the Association when a home is sold in Sunflower to a new buyer. A current owner purchasing a replacement home does not pay this fee. This also applies when the death of the Owner occurs and a family member becomes the new titleholder.

Projects are based on input from homeowners via surveys. Not all suggested projects have consideration based on safety, location, need, costs, etc. Once one or more projects are considered doable, the Board may initiate a Community Improvement Committee to research the projects. A Board Resolution shall describe the project(s), its estimated cost and how the funds will be spent. One or more Town Halls will take place to describe the project(s), costs; and other important information will be included. There is potential impact on the annual assessments if projects improved become Reserve items, thus creating more funds needed in reserves to cover them. The Homeowners vote on the project(s). A majority vote of the Members (one vote per lot) and a quorum must be met (20% of members eligible to vote).

In an average year, approximately 40 homes are sold. For fiscal year 2024-25, that would result in over \$60,000 deposited into the CIF fund. This information is located on the Sunflowerliving.com website under Governing Documents, CC&Rs pages 24-25; and the By-laws provide the quorum percentage needed.

***We invite you join us for our next meeting on
Tuesday, February 18th, 2024 @ 1:30 p.m.
in the Conference Room.***

LANDSCAPE COMMITTEE

By Charlie Barlow

AAA Landscaping will begin the second season of the contract for **Arbor Care Tree Maintenance** in our Sunflower community. They will endeavor first to address those damaged trees in the community to either trim or remove them. The palm trees at the Village Center will also be trimmed accordingly.

Those of you who might be interested in donating funds for trees or shrubs to be planted in the common areas are directed to review the **Tree Donation Form** located on the Sunflowerliving.com website, under Resident Information, under Forms, and select: **Procedure and Form for Donating Trees or Plants.**

**Our next Landscape Meeting is on
Friday, February 7th, 2025 @ 10:00 a.m.
in the Conference Room.**

GOVERNANCE COMMITTEE (AD/HOC)

By Mac Gearhart

**The Governance Committee will be meeting
Wednesday, February 12th @ 5:00 p.m.
in the Conference Room.**

We will be working to establish the rationale and verbiage for **Rules of Wall Ownership** to be incorporated into the CC&Rs.

We can use a few more opinionated members to help in this effort, ***so please consider joining us.***



PRAC

By Jim Smith

This month's topic – WALLS. We all have them. Or do we? Who owns the walls in my back yard? Who owns the wall between me and my neighbor? May I paint that wall? May I hang a sculpture on it? May I raise it up by a couple of blocks? For the most part – you do, you (plural) do, yes, yes, and maybe. Do I have to get authorization from the Architectural Review Committee (ARC) to do anything? ***Yup!***

For the most part, you own the back wall; and neighbors jointly own the side wall unless the side wall doesn't border another property, then it is your responsibility in total. ***Who cares?*** You should care, because wall repair due to age failure, weather or accident is your responsibility.

The HOA has been adding HOA-owned walls to the Reserve Account to prepare for the expense of wall failure in the future. As residents, we should discuss possible wall failure expense with our insurance carrier. Walls will be the topic of several Town Halls presented by the Board of Directors; and everyone is encouraged to attend one of those Town Halls when they are announced.

To summarize, if you as a resident/owner want to do anything to your walls, submit a request to **ARC**. Don't act and request later. Doing so may result in a modification repair later. **ARC** is made up of good, reasonable people, your neighbors.

We welcome all residents to attend our meetings in the **Fiesta Room on the first Thursday of every month @ 1:00 p.m.** ***We hope you will join us!***

WELCOME COMMITTEE

By Lynn Haye

Our yearly **Newcomers' Party** for all the people who have moved into Sunflower was held on **January 31st**. Everyone met new people and a fun time was had by all.

If you have any questions about the **Welcome Committee** or are interested in being on the committee, please contact any of the committee members listed in the directory: **Lynn Haye, Michele Saylor, Diane Swanson and Terri Shevlin.**

**Our next meeting will be held on
Friday, February 14th @ 1:00 p.m.
in the Conference Room.**
We'd love to see you there!

Activities Committee

The next Activities Committee Meeting will be on Tuesday, February 11th @ 10:00 a.m.
We are continuing to make our plans for this Spring, so come join us if you can,
and be a part of the planning process. *We hope to see you there!*

KARAOKE

Karaoke will be held on the third Tuesday
in February.

That is *February 18th from 5:30 to 7:30 p.m.*
Please send your songs to: rongagne@centurylink.net
by *Wednesday, February 12th*. Please limit your
individual songs to 3 per person.
You can also send ideas for group songs.

SECOND FRIDAY AND FOURTH TUESDAY GAME NIGHT

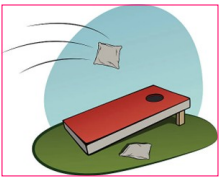


*Friday, February 14th and Tuesday, February 25th
from 6:00 to 8:30 p.m. in the Fiesta Room.*

Hosted by:

Jan Session and Adrienne Farrell.

Bring your snacks/drinks and be ready for a lot of fun!



CORNHOLE

Cornhole will be played
**Friday, Feb 7th, Friday, Feb 14th,
and Friday, Feb 28th** on the bocce
court sidewalks. You don't need
experience or a partner. *Drop in and check us out!*

We encourage all cornhole players to sign up and join
us on *February 13th for the February Potluck*
sponsored by our Cornhole group. *Ticket sales are
February 4th from 10:30 a.m. until Noon.*

BARRIO BREAD SALES



Barrio Bread, *Don Guerra*, will be
back at Sunflower to sell bread on
*Wednesday, February 19th
@ 3:00 p.m. in the Craft Room.*
So come on out and get your
favorite bread!

Reminder 2 loaves per household.
Also, there are no pre-orders.
Thank you for your cooperation.

LIFE ENRICHMENT



On Tuesday, February 18th from 1:00 to 2:00 p.m., we
will welcome **Ben's Bells** to talk to us about kindness;
and after their presentation, from 2:00 to 4:00 p.m.,
those who signed up to participate, can create a unique
bell for Ben's Bells to share. Ben's Bells speakers use
their knowledge of the science of kindness and the role of
kindness in building kind communities to inspire the
practice of kindness in your audience. The specific talk
Autumn will present is called "**A Conversation on
Kindness**".

Our speaker will be *Autumn Rentmeester*, whose energy
and passion provides a fun and engaging learning
environment for all ages. She brings over 20 years
experience as a professional facilitator, trainer, and leader
to your school or workplace. Every presentation will teach
your audience something new about the practice-of-
kindness, whether you are new to the **Ben's Bells** mission,
or have followed our progression for the last 20 years.

**If you are interested in creating a bell, the cost is \$5.00
and you can sign up on February 10th @ the Activities
Committee ticket-sale table.**

CHOCOLATE, CHEESE & WINE WITH MY VALENTINE

If you purchased a ticket for this fun event in February,

**Join us on Saturday, February 8th
from 5:30 to 7:30 p.m.**

We hope to see you there!



FOOD TRUCK ROUNDUP



The Sunflower Food Truck Round Up will be held on the Wednesday, February 19th from 4:30 – 7:00 p.m.

Some of the trucks included this month will be La Bafadora Fish Tacos, Smokin' Butcher, Samurai Teppan Steak, Sarah's Fresh-Tossed Pasta Bowls, Pin Up Pastries with Fork U BBQ, Mafia Kitchen, Big Sexy's Wangs and Thangs, and DC Jumbie Latin Caribbean just to name a few. Come out, get something fun to eat and enjoy a meal that you didn't have to cook!!

SUNFLOWER EXPLORES TUCSON WITH MARANA LAUGHS

Clayton Fletcher is a busy comedian, but he will be joining us at Sunflower on Saturday, March 15th for an hour-long, Matinee-Comedy Performance @ 2:00 p.m.

Clayton was raised by a poker-playing mom and jazz-musician dad. His younger brother was born on his first birthday, solidifying his standing as a middle child, and no, he's still not over it. *Clayton* was voted 'Best of the Fest' at Stockholm Comedy Festival and can be heard daily on his own podcast, "Tournament Poker Edge," Sirius/XM's "Laugh USA," and Jamie Foxx's Foxxhole stations. *Clayton* can also be seen on "The Ivy League of Comedy Live from the Emelin Theatre" on Amazon Prime, Hulu's "Comedy Brew," AXS TV's "Gotham Comedy Live", and Comcast's "Who's Laughing Now?"

Tickets will cost \$10.00 and will go on sale on: Monday, February 24th from 10:00 – 11:30 a.m. ~and~ Monday, March 3rd from 1:00 – 2:30 p.m.



REMINDER:
The next
Activities Committee Meeting
will be held on
Tuesday, February 11th
@ 10:00 a.m. in the Craft Room

We are continuing to make our plans for this Spring, so come join us if you can, and be a part of the planning process.

NEIL DIAMOND SUPPER CLUB TRIBUTE SUNFLOWER - Come enjoy a BEAUTIFUL NOISE while dressed FOREVER IN BLUE JEANS!

Come join us for an evening listening to the tunes of Neil Diamond while enjoying a delicious lasagna dinner, choice of beef (red sauce) or Chicken (white sauce) with a salad, garlic bread and dessert. Our guest impersonator will be singing Neil's infamous tunes on March 1, 2025, at the event which runs from 5:00 to 7:30 p.m.

Tickets go on sale:

February 10th from 11:00 a.m. to 12:30 p.m.

~ and if not sold out, again on ~

February 12th from 4:00 to 6:00 p.m.

Tickets are \$30.00 each and are limited to 2/person.

Mark your calendars for another fun evening. You are welcome to bring your own **RED, RED WINE**. Turn on your **HEARTLIGHT** and come enjoy a great evening!



CA-

NIGHT AT SUNFLOWER

SINO

Do you like to play **black jack, craps or roulette**? If not, would you like to learn to play? The *Sunflower Activities Committee* will be hosting a **Casino Night** with professionals to help you at every table. We will be serving heavy appetizers and punch or BYOB. A **Silent Auction**, with wonderful prizes, will be held at the end of the event where you can use your chips to bid on auction items. We have over 50 auction items as of this moment, including: a Dinner-for-4 at White Stallion Ranch, a Dinner-for-2 at Cracker Barrel and many, many more gift certificates and much, much more!

The Casino Night will be held on Saturday,
February 22nd from 4:00 to 7:00 p.m.
The cost is \$25.00 per person.

Ticket sales will be:

Tuesday, February 4th, 2025 from 1:00 to 2:30 p.m.

~ and, if not sold out, on ~

Thursday, February 13th from 10:00 to 11:30 a.m.

Tickets are limited to 2 per household.
Mark your calendars for ticket sale dates
and we hope to see you there!

SUNFLOWER VETERANS



By Larry Schierer

The **Sunflower Community Veterans Club** would like to thank all the wonderful residents who made it possible to donate more than \$20,000 to organizations supporting veterans. Last year, realtors sponsored most of the events and made many donations. We also received the proceeds from the **Manhattan Dolls** and **BBQ** put on by the **Activities Committee**. There were many other donations from Sunflower residents as well, including dues paid by members. This all contributed to the Veteran Club's ability to help so many organizations. We would also like to thank all the volunteers in the community that help with these fundraising events and the operation of the club.

The meeting this month is February 5th @ 10:00 a.m. in the Fiesta Room and on Zoom.

Our speakers are a couple that founded the **Rockin' 4 Heroes Organization** that has a concert every November to raise funds for 1st responders, active military, veterans, and Gold Star families. The concert is free, but there are many ways to support their organization. Come listen to their story and what they are doing to support these special people.

At our **March Meeting**, we will be electing a new Board. If you are a veteran and wish to volunteer your time and help further support the club, please let the Board know or **stay** for our next board meeting on **February 5th @ 11:00 a.m. in the Fiesta Room.**

Besides the Executive Board, we are also looking for additional At-Large Directors, so please consider joining the board.

WE HOPE TO SEE ALL SUNFLOWER VETERANS AT THE NEXT MEETING!!



HONORING U.S. NAVY 1ST CLASS PETTY OFFICER, LARRY SCHIERER: A LEGACY OF SERVICE AND ELECTRONICS

Larry Schierer graduated from high school in 1968, during a time when the draft was imminent. Weighing his options, he found the U.S. Navy offered the most promising path for a career in advanced electronics. After completing boot camp in San Diego, **Larry** embarked on an intensive, 48-week advanced-electronics program, specializing in math and science. His commitment to this training required a six-year enlistment.



Larry's first assignment took him to Guam Naval Communication Station, where he served for two years. His dedication led him to re-enlist for additional schooling, further solidifying his engineering expertise. His next chapter was aboard the **USS White Plains**, a supply ship operating out of Sasebo, Japan. **Larry's** service included participation in one of history's pivotal moments: **The Fall of Saigon**. Positioned off the Vietnamese coast, his ship assisted in processing refugees bound for the United States via the Philippines. He completed his service at Alameda Naval Air Station.

After 8 years and 9 months of honorable service, **Larry** was discharged in Alameda, California. Transitioning to civilian life, he leveraged his skills to build a successful electronics career, first in Phoenix and later in Sierra Vista, Arizona.

Today, **Larry** resides in the **Sunflower Community**, where his remarkable journey as a seaman, engineer, and patriot inspires us all. His contributions, both in uniform and beyond, embody the spirit of service, making him a valued member of our community and a true American hero.



***Thank You, Larry,
For Your Continued Service***

BACCHUS WINE

By Sandy Persels

Welcome to 2025, the Year of the Snake!

According to the Chinese (or lunisolar) Calendar, this sign is not particularly lucky when it comes to gambling; so if you were born in the year of the snake, January may not have been your best month at *Bacchus Wine*! It might have been "snake eyes" for you ~ craps! However, each new year is a kind of gamble, isn't it?

In January, intrepid *Bacchus Wine* folks embraced the challenge and purchased tickets for chances to win a loosely-wine-related item chosen from a wide assortment of things donated to the club over the past eight years: wine stoppers, corkscrews, aerators, picnic stix ~ things we never even dreamed that we really, really needed. Naturally, not everyone was lucky enough to have a winning ticket, but everyone was a winner!

Attendees all enjoyed the game, but equally enjoyable were the conviviality, the appetizers, the great conversation and, of course, the WINE.

If you enjoy fun times, great conversation, fabulous appetizers and wine, why not take a chance on *Bacchus Wine*? Get your name on the list to receive e-mailed announcements/invitations: deuxpers@comcast.net. What do you have to lose?

*Wine wisdom for 2025: Grant me the serenity to accept the things I cannot change, the courage to change the things I can, and the wisdom to know when to pour some wine and call it a day.
Amen.*



CHORALE – FEBRUARY MUSIC NOTES

By Sue Horsfall

Places are still available for those who would like to sing with us but who haven't yet signed up. We welcome all those who can carry a tune and who enjoy singing in a group. It helps if you can read music, but it's not necessary. We can especially use tenors and sopranos!

To enroll, come to any rehearsal (*Mondays at 3:30 p.m. in the Fiesta Room*) this month to complete a registration form and try us out.

The next offering will be a set of Concerts in the Spring, scheduled for April 25th and 26th. We also look forward to preparing a program with new, possibly quirky, selections as well as more familiar ones.

For questions or suggestions, call *Sue Horsfall*
@ 520-245-0586.

FEBRUARY POTLUCK

By Helen Crandall

*Our Social Gathering will begin on
February 13th, 2025 @ 5:30 p.m.*

It's POTLUCK Time.

THINK YELLOW! The *Cornhole Group* has offered to host our next gathering. Along with your dish, bring a food item to donate to the Veterans' Food Box that has "corn" in the ingredients. *Be creative!*

For people with dietary issues, label your dish with information others may need to know, i.e., gluten, dairy, etc. Make sure that your dish will serve **12 people.**

In order to help us sustain our level of offerings to you, we are raising the cost of potlucks to \$3.00 per person. Those bringing main dishes will not be charged. This month the *Potluck Committee* is offering desserts as part of your "fees." This is a trial run to increase the number of main dishes and sides.

If you sign up and can't attend at the last minute, please contact your hosts of the month so we can supplement the food you signed up to share (*Marilyn Engel @ 623-217-0016 or Helen Crandall @ 989-370-1212*).

Marilyn Engel and Kevin Kirkey will be *selling tickets on January 30th from 1:00 to 2:30 p.m. ~ and ~ on February 4th from 10:00 to 11:30 a.m.*

Thanks to those of you who have offered suggestions about how to make potlucks more fun and welcoming to ALL. Going forward, we are hoping to focus on a theme or fun activity for each dinner. *Talk to your group about being a host for a future month.*





FEBRUARY SOCIAL CLUB

By Frances Gauthier

Rodeo Days are here again!

On ***February 15th***, we will be serving a dinner of Pulled Pork Sandwiches, Cole Slaw and Baked Beans.

***Social Time is 5:30 and
Dinner is served at 6:00 p.m.***

After dinner, the tap-dancing ***Tucson Prunes*** will entertain us.

Our March 15th Event will be celebrating Saint Patrick's Day.

We are planning on having a Corned Beef and Cabbage dinner with Irish dancers for entertainment.

Tickets for March's Event will be on sale on Monday, February 24th from 1:00 to 2:30 p.m.

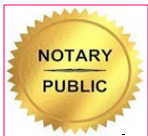
COFFEE KLATCH

Come join our Saturday Coffee Klatch

***Every Saturday morning from 7:30 to 8:30 a.m.
in the Fiesta Room***

Everyone is welcome to enjoy a great time meeting with neighbors & 'Cup of Joe'. We provide coffee, but appreciate a ***\$1.00 donation*** to help defray costs.

We greatly appreciate Roger Daggett of Coldwell Banker Realty - Foothills Office for continuing to sponsor this weekly event.



NOTARY SERVICES

THIS IS A FREE SERVICE

ALL SERVICES BY APPOINTMENT ONLY

Lisa Sak, our Community Manager, and ***Monica Martinez***, our Assistant Community Manager, are both available at the Village Center (520-572-9780) to notarize your documents from Monday through Friday.

(Exception: BOD Meeting - 4th Wednesdays)

You may also contact ***Roger Daggett*** @ 520- 241-1032 for these services.

Please call, as an appointment is always required.

COMMUNITY SOCIAL GATHERINGS

ATTENTION SUNFLOWER MEN

By Dennis Abrams aided by Dick Teugh

ROMEOs Lunch & Breakfast plus **OWLS Dinner** groups are restaurant clubs for Sunflower Men (only). **OWLS - (Old Widowers' Light Supper)** is a similar men's dinner club for Sunflower men, widowed or who live alone, who would enjoy a night out with the boys, always using the Glicksman Formula – no dues, individual checks & sign up at front desk to carpool to the restaurant ***at least a day in advance.***

ROMEOs Breakfast– Wednesday, February 26, 2025 will go to ***IHOP***, carpooling at 7:45 a.m.

ROMEOs Lunch- Wednesday, February 12, 2025 will go to ***Scordatti's***, carpooling @ 11:30 a.m.

OWLS Dinner- Wednesday, February 19, 2025 will go to ***Guiseppi's***, carpooling @ 4:30 p.m.



Sign up at the Village Center for the ***Saturday, April 12th Spring Yard Sale.***

There is a \$5.00 fee that all participants pay.

The fee is used to defray the cost of maps, signage and advertising. ***The deadline for signing up is Tuesday, April 8th to be on the map.*** You can still sign up after that date to participate. The maps will be available for pick-up at Sunflower Village Center on ***Thursday, April 10th.***

We have the date, and the time is ***7:00 a.m. to 1:00 p.m.*** We've ordered perfect weather and you've gathered together the items you want to sell.

Here are some ***tips*** to help you have a successful sale:

- ~ Create an organized display.
- ~ Lay out your items by category and display items to appeal to your customers
- ~ Stock up on bags and newspapers
- ~ Newspapers are handy for wrapping fragile items
- ~ Manage your money. Make sure you have ample change for your cashbox.

Advertise - Use balloons and signs with prominent arrows, etc. to grab the attention of people driving by.

ROSIE'S SUNFLOWER BINGO

By Tim Walter



Over 100 players and we call it a “packed house!” We had one in January, with 109, and expect the same in February. We had twelve overflow players in the Library, with one lucky winner taking home a pot! And the best part? There's always room for more, so don't worry about being turned away – everyone is welcome to join in the excitement.



As usual, the *Rosie Special* stole the spotlight this month, reaching a second-place record of **\$351.00!** Pickleball is always well represented, and this month *Rick Lybarger*, the Pickleball President, won *Rosie's Special*. He generously donated a portion of his winnings back to the *Sunflower Veteran's Club*. **Thank you, Rick!!!**

A heartfelt thank you goes out to *Dolores Johnson* for a perfect call in January. Special appreciation is extended to *Carol Abrahamson, Shannon Meely, Lee Head, and Kaye Walter* for their invaluable contributions in counting and managing the finances.

Looking ahead to February, we will be giving a free dauber to the first 90 participants. Bring along your

Valentine and some snacks to share, as we dive into a night of fun, laughter, and thrilling bingo games.

Mark your calendars for February 11th and head to the Fiesta Room where the games will kick off @ 6:00 p.m. Don't miss out on the chance to be a part of this fantastic bingo experience – **see you there!**

GAMES

BILLIARDS

General Play: Monday-Saturday except for Club times
Men's: *Tuesdays and Fridays — 1:00 to 4:00 p.m.*

Chix with Stix (Ladies): *Mondays and Thursdays — 1:00 to 4:00 p.m.*

No experience necessary

We'll Rack 'em and You Hit 'em.

SUNFLOWER MEN'S GOLF CLUB

By Gary Scott

We began our *Net Championship Contest* in January. We play 3 different courses twice over a 3-week period. The winner is determined by adding together his 3 lowest scores, one from each course he has played. Our *Club Championship* also began at the end of January. This is Match play and the pairings are determined by peoples Handicaps. Winners of both events will be reported in later issues of Sun Catcher.

For those unfamiliar with our club, we play twice a week (Monday and Thursday) at various courses in the area (all the way from Benson to the east to Tubac to the south and Casa Grande to the north). If you enjoy the game and are looking to make some great friends, come join us. You can contact *Doug Culpepper* @ biker1ab@mac.com or 412-720-6248 or myself @ gbscott70@comcast.net or 520-406-0123. You may visit our schedule of events on our website: www.sunflower.golfclub.net.

MEN'S NINE-HOLE GOLF

By Jim Murphy

Join us for nine holes of golf at Quarry Pines. Through the winter months, we play weekly on *Wednesdays starting at 2:30 p.m.* If you'd like to join us, email *Jim Murphy* @ jmurphmail@gmail.com.

LADIES 9-HOLE GOLF

Please join us *every Tuesday @ 2:15 p.m.* @ **The Quarry Pines Golf Course**. Please arrive one-half hour early. Contact *Aileen* @ 520-906-4427 the Saturday before, in order to hold your place.

SUNFLOWER TENNIS CLUB

By Dennis Page

Even though tennis is a game with “love,” here are three tips adapted from [How to Win at Doubles: 9 Doubles Tennis Strategies - 2025 – MasterClass.](#) (Future articles will continue with more tips.)

Pressure the net. The most important doubles strategy is to get both players on the same team to the net as quickly as possible to end the point. Two players at the net is a significant advantage, as volleying makes the balls move quicker and harder, forcing the other team to play more defensively.

Aim for the opponent’s feet. If a net player receives a volley, aim for the opposing net player’s feet when returning the shot. Low volleys are more challenging to hit than high volleys. The closer you get to the net, the lower and harder you can aim. The other net player may be forced to hit a defensive shot up in the air that you can hopefully put away.

Attack the middle of the court. Do not underestimate the power of a deep middle shot. Hitting a ball down the middle is a great tactic to create confusion, causing both opposing doubles players to rush toward the center. Then you and your doubles partner can close in on the net for the next shot, hitting short, sharp angles far away from both opponents.

Reminder: Weekly winter play for SFTC members starts at 8:30 a.m., except 10:00 a.m. on Sundays. Call **Susan Page** for additional information: 520-742-1373, or email her @ susancpage@comcast.net.

POP TENNIS FOR SUNFLOWER

By Gary Engel

We continue to play on Wednesdays from 3:00 to 5:00 p.m. on Sports Courts 1 and 2.

We welcome everyone to give **Pop Tennis** a try! It is like tennis but with a few differences that are **“senior friendly:”**

- The tennis balls are de-pressurized (about 60%)
- The paddles are about twice the size of pickleball paddles but are cushioned and have holes drilled in
- The baseline is moved in 9’ and only tennis singles lines are used
- Serves are like pickleball (i.e., only underhand), but unlike pickleball, there is no “kitchen”
- Scoring is the same as tennis (0-15, 30-30, etc.)
- We supply the paddles and balls - you supply the interest

For more information, contact **Gary Engel** @ 623-221-8813 or gengel9285@gmail.com



By Marcia Ceceliot

Welcome to February!

January was a busy month for us. We hosted the ***Tucson Senior Olympics for Bocce*** the week of the 13th. There were about 40 teams who participated. We want to thank all the volunteers who helped with the event. We also want to thank the staff at the Village Center for all their patience and efforts.

Our Annual Meeting will be on February 1st. We will review this past year's events & Treasurer's Report. The evening will also include a great dinner. An email will be sent to all current members with more details.

Our first Glowing Balls of the year will be on Friday, February 21st @ 5:30pm.

Not sure about playing bocce? We are a fun group - so please give us a try. ***We play on Tuesdays and Thursdays starting at 1:00 p.m. Please arrive 10 minutes early.*** Membership is only \$10.00 for the year.

Congratulations to all the Winners of our Bocce Senior Olympics:

Men's:

Gold - Rustic Rollers (***Ed, Dave K, David C, Gene***)
Pewter - Formidable 4 (***Jack, Rock, Kevin, Scott M***)

Co-Ed:

Gold - Rolling 4 Gold (***Ed, Lois, David C, Mindy***)
Silver - Palino Pirates (***Scott F, Julie, Kevin, Sue***)
Bronze - Mamma's and Papa's (***Rick, Deb, Rock, Marcia***)

Women's:

Gold - Palino Bells (***Diane, Lynn, Julie, Barb J***)
Bronze - Bocce Babes (***Marcia, Deb, Barbara B, Terri***)
Pewter - Bocce Divas (***Sue, Lois, Stacy, Mindy***)



CONTACT US—E-MAIL DIRECTORY

Lisa Sak, Sunflower Community Manager: LSak@associatedasset.com

Monica Martinez, Sunflower Community Assistant Manager: MLMartinez@associatedasset.com

Communicator Submissions/Visual Lobby Display: Please keep notice for upcoming events happening within two weeks to 75 characters or less and submit Wednesday by 5:00 p.m. for Communicator to:

LSak@associatedasset.com.

Sunflower Living Website: webteam@sunflowerliving.com

Email directly to: submittosunflower@gmail.com

FRONT DESK PERSONNEL

Lori Chase, Resident Services Coordinator:

LChase@associatedasset.com

Nickie Kaplan, Resident Services Coordinator:

NKaplan@associatedasset.com

Rebecca Teichman, Resident Services Coordinator:

RTeichman@associatedasset.com

Rosie Young, Resident Services Coordinator:

RMYoung@associatedasset.com

SUNFLOWER VILLAGE CENTER HOURS & HOLIDAY CLOSINGS

WE WILL NOT BE CLOSED EXCEPT FOR SUNDAYS DURING FEBRUARY.

The Sunflower Village Center **OPEN HOURS*** are:
Monday thru Saturday from 7:30 a.m. to 7:00 p.m.
CLOSED on SUNDAYS.

*Events and activities can still be scheduled until 9:00 p.m., but they must be scheduled in advance so that staff can be scheduled for those events.

~ All current activities will remain at their regularly-scheduled time ~

If you have any questions, please call the Front Desk or the Management Team.

SUNFLOWERLIVING.COM

Anyone may access information about our Sunflower Community by going to Sunflowerliving.com. Sunflower residents may view categories such as Governing Documents, Clubs, Committees, Forms, and other information pertinent to our community.

However, in order to view recorded **BOD Meeting Minutes, Financial Reports, Directories, Homeowner to Homeowner Referrals** and other "*protected pages*" on this website, you must enter the password *which is only available to Sunflower residents.*

Please visit the Village Center front desk for this information so you can sign up for the new password.

HOMEOWNER-TO-HOMEOWNER REFERRALS

By Nickie Kaplan

If you are well-pleased with a business you've dealt with and would like to add them to our list, please send an email with the following information: Name of the Company, Type of Business, Phone Number, Owner or Contact, and any pertinent information about your experience to: NKaplan@associatedasset.com.

I will be happy to add it to the online list.

COMMUNICATOR

To subscribe to the Communicator Newsletter, go to our website, www.Sunflowerliving.com, and click the "**Subscribe Now**" link below the photo of the Village Center. Part way down the new page you will see a "**Subscription Form**" link - click on the link, fill out and submit the form. You will receive a confirmation email; please respond to it as directed.

SUNFLOWERLIVING WEBSITE

A place for posting upcoming club and group events has now been added to the Announcements page on the Sunflowerliving.com website (What's New> Announcements). Clubs and groups are encouraged to send their information to: webteam@sunflowerliving.com to be posted on that page. **Please do not send PDF files.**

The Association provides this publication for Informational Purposes Only

Sunflower does not guarantee or promote any of the products or services advertised herein and assumes no responsibility for the statements made in this publication. Information regarding advertising rates, deadlines, and policy information may be obtained by contacting the

Village Center Front Desk @ Phone: (520) 572-9780 • Fax: (520) 572-8724

Published monthly by Staff & Volunteers of Sunflower Community Association, Inc.

FEBRUARY 2025 ACTIVITY CALENDAR

SUN	MON	TUE	WED	THU	FRI	SAT
			<p><u>COMMITTEE MEETINGS</u></p> <p>02/04 ARC 02/06 PRAC 02/07 LANDSCAPE 02/11 ACTIVITIES</p>	<p><u>THIS MONTH</u></p> <p>02/12 GOVERNANCE 02/14 WELCOME 02/18 ARC 02/18 FINANCE 02/26 BOD MTG</p>		<p>1</p> <p>7:30 Coffee Klatch 9 Art Club 1 MN Gathering 2 Tech Help 5 Bocce Mtg</p>
<p>2</p> <p>CENTER CLOSED</p>	<p>3</p> <p>9 Dominoes 10 Craft Club 10 Social Club Mtg 12 Baskets/Fun Poker 12:30 Mexican Train 3:30 Chorale</p>	<p>4 9 ARC</p> <p>9:30 Mah Jongg 10 Feb Potluck Tix 1 Euchre/Ladies Bridge 1 Activities Casino Tix 4:00 Village Center Closed</p>	<p>5</p> <p>9 Mah Jongg 10 Vets Mtg (11 Bod) 1 Mah Jongg 1 Pinochle 4:30 Fun Poker</p>	<p>6</p> <p>9 Quilters/500 Cards 1 Mixed Br/Canasta 1 Tech Cl BOD Mtg 1 PRAC 6 Cribbage</p>	<p>7</p> <p>9 Quilters 10 LANDSCAPE 11:30 Fun Poker 3:30 Corn Hole</p>	<p>8</p> <p>7:30 Coffee Klatch 9 Art Club 1 Singles 5:30 Chocolate Cheese & Wine Valentine</p>
<p>9</p> <p>CENTER CLOSED</p>	<p>10</p> <p>9 Dominoes 10 Craft Club 11 Neil Diamond Tix 12 Baskets/Fun Poker 1 Vintage Gard Mtg 12:30 Mexican Train 3:30 Chorale</p>	<p>11</p> <p>9:30 Mah Jongg 10 ACTIVITIES 1 Euchre/Ladies Bridge 6 BINGO</p>	<p>12</p> <p>9 Mah Jongg 10 Tech Club Mtg 11:30 ROMEOs 1 MahJongg/Pinochle 4 Neil Diamond Tix 5 Pickleball Party 5 GOVERNANCE</p>	<p>13</p> <p>9 500 Cards Game 9 Quilters 10 Activ Casino Tix 1 Mixed Br/Canasta 5:30 February Potluck Sponsored by Corn Hole</p>	<p>14 9 Quilters</p> <p>11:30 Fun Poker 1 WELCOME 3:30 Corn Hole 6 Game Night</p> 	<p>15</p> <p>7:30 Coffee Klatch 9 Art Club 9 Quilt Fundraiser 5:30 Feb Social Club Event</p>
<p>16</p> <p>CENTER CLOSED</p>	<p>17 9 Dominoes 10 Craft Club 12 Baskets/Fun Poker 12:30 Mexican Train 3:30 Chorale</p> 	<p>18 9 ARC</p> <p>9 Garden Tour Tix 9:30 Mah Jongg 1 Euchre/Ladies Bridge 1 Life Enrichment 1:30 FINANCE 5:30 Karaoke</p>	<p>19</p> <p>9 Mah Jongg 11 Mah Jongg 1 Pinochle 3 Barrio Bread Sales 4:30 Food Trucks 4:30 OWLS</p>	<p>20</p> <p>9 500 Cards Game 9 Quilters 1 Mixed Br/Canasta 2 Tech Help 6 Cribbage</p>	<p>21</p> <p>9 Quilters 11:30 Fun Poker 5:30 Bocce Glowing Balls Event</p>	<p>22</p> <p>7:30 Coffee Klatch 9 Art Club 4 Casino Night</p>
<p>23</p> <p>CENTER CLOSED</p>	<p>24 9 Dominoes 10 Craft Club 10 Marana Laugh Tix 12 Baskets/Fun Poker 12:30 Mexican Train 1 Social Club Tix</p>	<p>25 9:30 Mah Jongg</p> <p>10:30 PWC Mtg 1 Euchre/Ladies Bridge 2 Genealogy Mtg 6 Game Night 7 SF Readers</p>	<p>26 7:45 ROMEOs</p> <p>9 Mah Jongg 10 BOD MEETING 1 MahJongg/Pinochle 4:30 Fun Poker 4:30 Bacchus</p>	<p>27</p> <p>9 500 Cards Game 9 Quilters (10 Mtg) 1 Mixed Br/Canasta 6 Cribbage</p>	<p>28</p> <p>9 Quilters 11:30 Fun Poker 3:30 Corn Hole</p>	

WEEKLY FITNESS ACTIVITIES

Access to Fitness Room 5:00 a.m. to 11:00 p.m. with Proximity Card Monday through Sunday

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
10 Tennis 3 Pickleball	7:45 Yoga 8:30 Tennis 9 Pickleball 9 Water Aerobics 9:30 Line Dance 1 Chix w/Stix	8:30 Tennis 9 Pickleball 9 Stretch/Tone 10:10 Chair/Yoga/Pilates 11:30 Wts/Balance 1 Men's Billiards 1 Bocce 2:15 Ladies 9Hole Golf 3 Pickleball	7:45 Yoga 8:30 Tennis 9 Pickleball 9 Water Aerobics 1 Ping Pong 1st, 2nd, 3rd Wed 2:30 Men 9-Hole Golf 3 POP Tennis 7 Bocce	8:30 Tennis 9 Pickleball 9 Stretch/Tone 10:10 Chair/Yoga/Pilates 11:30 Wts/Balance 1 Chix w/Stix 1 Bocce 1 Ping Pong-4th Thurs 3 Pickleball	7:45 Yoga 8:30 Tennis 9 Pickleball 9 Water Aerobics 10 Line Dance 1 Men's Billiards <i>Bowling Disc'd until 2025-TBD</i>	8:30 Tennis 9 Pickleball 10 Ping Pong <i>*Hiking Info- See Article For Details</i>

TOPICS OF INTEREST

ARTIST GALLERY

By Lori Chase

The artist for February is **Sylvia Shanahan**. **Sylvia** has had her work displayed in Galleries-you'll enjoy her paintings.

"As a recent addition to Sunflower, I have brought my painting skills from Ohio to Florida and now to Arizona. You can often see me taking photo reference throughout the community for my many landscape paintings. My work has shown in galleries in Ohio, Vermont, Georgia, and Florida and now can be seen at the SAAG Gallery at La Encantada in Tucson. After being juried into two online galleries, Saatchi Art and Zatisa, I acquired new collectors all over the country. One of my paintings, "Ophelia's Pond Revisited" was selected to be included in the Samsung Frame TV in 2016 and has continued to be one of the top downloads for that product over the last nine years. I currently teach Colored Pencil and Oil Painting Methods at Quail Creek and The Arizona Sonoran Desert Museum, respectively, and I'm available for private instruction or commissions."

Our March Artist will be **Lois Croly**. **Lois** is a returning artist to the Art Gallery. Her oil paintings have been enjoyed by many at Sunflower. Thanks to **Courtney Mack** for his **Artistic** display of photographs. Thanks to **Courtney**, we all can visualize our beautiful surroundings ~ who new?

G N O ~ GIRLS NIGHT OUT

By Lynn Haye

Hello all Gals in Sunflower ~ married or single.

We are going to see **Deputy Dan** on **Sunday, February 16th @ 1:00 p.m.** We do have drivers. I will need the money no later than January 24th. The cost is \$25.00 each.

Any questions, please email me @ h1035@aol.com.



YOGA

By Leslie Parr

The YOGA CLUB meets for **FREE classes on Mondays, Wednesdays & Fridays @ 7:45 a.m. in the Fiesta Room**

Please remember to bring your own mat, stretch band, block/ball, towel or blanket to the class. If you have any questions, please call **Leslie Parr @ 520-603-8785**.

SUNFLOWER HIKING GROUP

By Hope Collins

The **Sunflower Hiking Group** enjoys the Arizona desert by exploring our scenic local trails. In general, we will have hikes on Tuesdays and Fridays, from October through March. The hikes for each month will be listed in the Sun Catcher, and more detailed weekly hike reminders will be posted in the Communicator.

Essential details and updates about hikes are sent via Google Group emails. If you plan to hike with us this season, it is recommended that you be added to the group. Please send an email to **Hope Collins @ hopecollins65@gmail.com**. Once added to the group, you will receive an email from **Sunflower Hikers Google Group** confirming that you have been added. There is no need to reply, but please follow the instructions in the email. If you have questions about the group, or have an interest in leading future hikes, please contact **Bobby Bran @ 520-729-8082**.

FEBRUARY HIKES:

Feb 4	Tue	Bobcat Ridge Loop w/Krein Peak: 4.8 mi./M-
Feb 7	Fri	Hugh Norris/ Dobe Wash Loop: 7 mi/ M+
Feb 11	Tue	Moonlight Hike – Valley View Overlook: 4 mi./ E
Feb 14	Fri	Tucson Mountain Crossing- King Canyon to Picture Rocks Rd: 10 mi./ D
Feb 18	Tue	Bridal Wreath Falls: 6.0 mi./M
Feb 21	Fri	Blackett's Ridge: 6.2 mi/ D-
Feb 25	Tue	Abington/Brittlebrush/Thunderbird/ Gila Monster Loop: 6.0 mi./M
Feb 28	Fri	Little Elephant Head/ Quantrell Mine: 7.4 mi./ D

****Check the weekly Communicator and Google Group emails for hike meeting times.***

THE PING PONG GROUP

By Buzz Hoffmann

We play Ping Pong in the Fiesta Room

We play on the **1st, 2nd & 3rd Wednesdays** of each month from 1:00 to 4:00 p.m. We are also now playing on the **4th Thursday of each month from 1:00 to 3:00 p.m.** **Please refer to the Communicator for re-scheduled dates & times formerly scheduled on Sundays.**

Questions, please call **Buzz @ 520-572-4258**.

BOWLING INFORMATION

By Bonnie Scott

Per Fiesta Lanes update, the Bowling alley may not be open until the end of March. After responses from many bowlers, ***the Annual Bowling Party will take place on Friday, January 31st, 2025 @ Barros Pizza @ 3:00 pm.***

Awards will be given out based on first and second highest averages, highest series, and highest games for men. As there are more women bowlers, there will be three awards given out for first, second and third highest averages, series, and games. The man and the woman with the most improved averages will also receive an award. Those who bowled Fridays will receive a ticket for door prize drawings.

The banquet costs are covered by money that was paid in from the 50/50 events and part of the extra funds left after the cost of bowling was paid to the Bowling alley. Once the Bowling alley is open, ***Don Preuss*** will email the information to existing bowlers. Refer questions to ***Terri Shevlin*** @ 609-471-4347.

PICKLEBALL CLUB

By Leah Freeland

There will be two clinics available for Sunflower residents on ***Saturday, February 8th. Billy Lackey*** will be providing an ***Intermediate Clinic from 11:00 a.m to 1:00 p.m.***, and ***Karla Holmes*** will be providing a ***Beginner's Clinic from 2:00 to 4:00 p.m.*** Join us on the pickleball court to sharpen your skills or learn this exciting game!

Pickleball Club members are invited to a party on the Bocce Court on Wednesday, February 12th @ 5:00 p.m. This is an opportunity to socialize and try your hand at a different sport. Bring an appetizer or dessert to share along with BYOB.

Club play time is Monday through Saturday from 9:00 to 11:00 a.m. and Tuesday, Thursday and Sunday from 3:00 to 6:00 p.m. All club members are welcome to play at these times. Anyone can play outside these times when the courts are open.

For beginners interested in learning the game, free lessons can be arranged by calling or texting ***Karla Holmes*** @ 208-724-4864.

A Few Valentine's Day Facts You May Not Know

Many people know that Valentine's Day is named after St. Valentine. But did you know there are actually ***two St. Valentines?*** Nobody knows for sure if the holiday originally celebrated St. Valentine of Rome or St. Valentine of Terni, both of whom were martyred. Legends say that St. Valentine of Rome was a priest who defied the Roman Emperor Claudius II's ban on soldiers getting married and continuing to marry couples in secret. Other stories say that he helped Christians escape Roman prisons and fell in love with the jailer's daughter, writing her a letter signed "*From your Valentine.*"

Valentine's Day also has pagan roots alongside its connection to St. Valentine. It may have ***originated in Lupercalia***, a festival of fertility celebrated on February 15th in ancient Rome. Lupercalia was dedicated to the Roman god of agriculture, Faunus, and the founders of Rome, Romulus and Remus. It was celebrated with animal sacrifices and gently slapping women and crop fields with goat hides dipped in blood, which was thought to help fertility.

Giving red roses may be an obvious romantic gesture today, but it wasn't always! In the late 1700s, ***Lady Montagu*** was the wife of the British ambassador to Turkey. She misunderstood a local custom of using rhyming words to convey secret messages and thought the flowers themselves that were used in the rhymes represented secret meaning. This idea of "***flower language***" caught on in Europe, where specific flowers could represent feelings of love, hate, regret and more. Over time, ***red roses*** became more and more linked with romance.

Watch out around Valentine's Day, or else you may be struck by Cupid's arrow. According to ***Time***, the ubiquitous cherub can be traced back to 700 B.C. In Ancient Greece, ***Eros***, the Greek god of love, was depicted as a handsome young man and had the power to make people fall madly in love. Over time, he was adopted by the Romans and became known as ***Cupid***, his image changing to the little boy with the bow and arrow. Because of his love-inspiring powers, he became linked to Valentine's Day by the turn of the 19th Century.

According to ***History.com***, the oldest Valentine we have record of is from 1415. Charles, Duke of Orleans, wrote it to his wife while he was a political prisoner in the Tower of London. One of the lines in the poem? "*I am already sick of love, My very gentle Valentine.*" Swoon!

In the 17th Century, people started exchanging cards and letters with their lovers and friends. But the first mass-produced Valentines didn't arrive on the scene until the 1840s. Known as the "***Mother of the American Valentine***," ***Esther A. Howland***, sold cards with lace and ribbons that commercialized Valentines in America. Giving red roses may be an obvious romantic gesture today, ***but it wasn't always!***

HAPPY VALENTINE'S DAY EVERYONE!

CARD GAMES

LADIES BRIDGE

By Brooke Murphy

Ladies Bridge is played on Tuesdays from 1:00 to 4:00 p.m. in the Library. We are a relaxed group and play to enjoy the game and each other. Call **Brooke** @ 708-846-7555 or email: bmurphmail@gmail.com.

MIXED BRIDGE

By Mary Lynn Mercer

We have a very fun, easy-going bridge group on Thursday afternoons from 1:00 to 4:00 p.m. in the Craft Room. Call **Mary Lynn** to sign up to play @ 614-323-2463 or marylmercer@hotmail.com.

CRIBBAGE

We invite you to have some fun playing single or four-hand *Cribbage* on Thursdays @ 6:00 p.m. in the Craft Room. (Except on Pot Luck nights)

SUNFLOWER 500 CARD CLUB

By Bob Bender

The *500 Card Club* welcomes old and new members and we look forward to having you join us @ 9:00 a.m. Thursdays in the Library for a morning with a fun group (we have a 25 cent/pp donation which goes toward our jackpots). *We are still willing to teach anyone who would like to learn the game.*

Call and we will set up a time to teach.
Questions, call **Bob Bender** @ 717-804-6425.

CANASTA

Thursdays starting @ 1:00 p.m.

We play two versions: **Hand & Foot and Samba**
So join us to see familiar faces & meet new friends.

MEXICAN TRAIN DOMINOES

By Pat Cooke

Some snowbirds have returned to play dominoes with us. It has been fun to renew these friendships. New members are always welcome!

We meet twice on Mondays @ 9:00 a.m. in the Library and 12:30 p.m. in the Fiesta Room. *Come Join Us!*

MAH JONGG

By Anne Schmidt

We will play *Mah Jongg* from 9:00 to 11:00 a.m. on Wednesdays in the Library. Not ready to make a commitment? *All are welcome, beginner to advanced players!*

TUESDAY (PREV SUNDAY) MAH JONGG

By Lynn Neitzke

We play on Tuesdays from 9:30 a.m. to Noon in the Library. Contact **Lynn** @ 520-268-7784 with questions.

EUCHRE

Would you like to play Euchre?

We meet every Tuesday afternoon from 1:00 to 3:00 p.m. in the Craft Room.

Call **Vicky** @ 520-907-3510 for details.
We'd love to have you join us!

PINOCHLE

By Harlan Quinn

If you like to play single-deck *Pinochle*, join us from 1:00 to 4:00 p.m. on Wednesdays in the Library. There is no cost, and no reservations are needed—*just show up.* We play partners and/or three-handed pinochle, depending on the number of players present.

For information, call one of the contacts listed in the back of the Sun Catcher.

FUN POKER

By Jim Conley

We play *Poker in the Library* on Mondays and Fridays from 11:30 a.m. to 3:00 p.m.
We also play on the 1st & 4th Wednesdays of each month @ 4:30 p.m. in the Library.

Everyone is welcome and all you need is a basic knowledge of poker. There's lots of kibitzing and teasing mixed in with some poker. We play traditional games (Hold'em, Draw, Omaha, etc.) and some variations, which add to the fun. New players often bring games they play elsewhere. The stakes are small and there are no dues, house cuts, or wild-card games.

If you would like to join us, come to the Village Center on any day & we will get you started.

ACTIVITIES AND CLUBS

ART CLUB

By Billie Barron

This is an open invitation to all Sunflower residents with a desire to create or color something that stirs their imagination. No experience necessary. Work at your own pace with your own choice of medium. The only request: Bring a plastic-protective covering for the table.

We meet in the Craft Room each Saturday from 9:00 a.m. to 12:00 Noon. Join us for an hour or three — Your choice.

CRAFT CLUB

By Kathy Hummel

Now that the last Christmas ornaments have been safely stored, the *Sunflower Crafters* are getting ready for several new projects.. A cute glass gnome dressed up in Valentine attire will be made and then displayed in their homes. In addition to the gnome, an adorable sock cat will be crafted for all our cat lovers (and non-cat lovers) alike. The group then will try their artistic hands at creating one-of-a-kind busted canvas.

*The Craft Club meets every Monday from 10:00 to 11:30 a.m. For any questions or additional details, please contact *Chris Polk* @ 520-820-5227.*

DANCE & ENTERTAINMENT CLUB

By Karen Barta

Classes are offered year-round, twice a week:

Monday: **Beginners Class** 9:30 to 10:00 a.m. to go over individual steps used in most dances.

10:00 to 11:00 a.m. **Beginners Learn & Dance**

Friday: *A little more advanced*, but everyone is welcome. 10:00 to 11:00 a.m.

11:00 a.m. to Noon - *A bit more advanced*

To attend, you pay **\$5 to the Dance Club** for the entire year. The fee goes to the Club for our Club Parties, Dances for the Community, & whatever else we decide to do. *Not sure? Just come try us out.*



QUILTERS CLUB

By Jill Davis

The *Sunflower Quilters* have started the year with a great kickoff and joint effort to produce special quilts for the children of **Aviva**. In addition, we are having several classes in the next few months as we strive to increase our knowledge and proficiency.

We welcome anyone who quilts and/or sews to come visit us from 9:00 a.m. to Noon on Thursday and Friday mornings in the Craft Room.

Hope to see you soon!

WEIGHTS, STRENGTH AND BALANCE STRENGTH TRAINING

By Marlene Spencer

Tufts University research shows that a program of strength training not only improved bone density, but also reduced falls and improved arthritis symptoms. Balance, coordination, flexibility and endurance are also improved.

This program is based on that research, and instructors must be certified. This low-impact program is appropriate for both sedentary and active people.

Classes: Tuesdays & Thursdays @ 11:30 a.m.

Please bring your own weights & ankle weights:
1# to 2#-women, 2# to 3#-men.

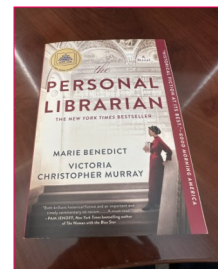
No Punch Card Needed

SUNFLOWER READERS CLUB

By Marcia Olson

At our February meeting, we will be discussing **THE PERSONAL LIBRARIAN** written by *Marie Benedict* and *Victoria Christopher Murray*.

This story of JP Morgan's personal librarian, and her secret is a compelling read of courage and danger.



Please join us on Tuesday, February 25th @ 7:00 p.m. in the Library.

GENEALOGY SOCIETY

By Paulette Weiser

FITNESS CLUB

By Kevin Uden

The February SGS Program is entitled "Wills and Probate" given by Suzanne Brayer on Tuesday, February 25th @ 2:00 p.m. in the Fiesta Room and via Zoom.

Suzanne will talk about the motherlode of clues to be found in wills and probate records. Those juicy tidbits of information include the decedent's date of death, names of spouse and children, in-laws, places of residence, land ownership, religion and military service, just to name a few. She will provide strategies and sources to help analyze probate records and reconstruct family relationships.

Suzanne is an educator, researcher and avid genealogist with degrees in history and education from ASU. Her family research began by working with her father on ancestors from the Mayflower to Revolutionary War patriots to 19th Century German immigrants, and a few criminals along the way. She has been very active in and held leadership positions in several genealogical organizations and has taught for 30 years. Her previous presentations have been very informative and well received.

If you have not renewed your membership or are wanting to start your genealogical journey, attend the meeting. You can still fill out an application and pay the \$15 fee right there. You can also fill an application out, write a \$15 check and leave it at the front desk of the Village Center.

Attend the February meeting and find out that SGS is a great fit to help you find and preserve your family's stories! Our mentors are super helpful!



Water Aerobics: *Monday, Wednesday, and Friday, 9:00-10:00 a.m.* We are using CD workouts that last 45-55 minutes. They give a well-balanced workout focusing on core, upper body, knees, and hips. Noodles and water weights may be used and are available at the pool. Fitness Club membership cards are required. **Violet Boren, our certified fitness instructor, started teaching 2 classes in November.**

Stretch and Tone: *Tuesday and Thursday, 9:00-10:00 a.m. in the Fiesta Room.* This is a full-body workout completed while sitting or standing, working on strength, flexibility, and balance. Participants will be using a 10" ball, light-hand weights, and stretch bands.

Chair Yoga/Pilates: *Tuesday and Thursday, 10:10 - 11:10 a.m. in the Fiesta Room.* This will incorporate the moves of Yoga and Pilates while being seated. Yoga improves strength, balance and flexibility. It can also benefit people with back and arthritis pain. Pilates benefits muscle strength and tone. Participants will work on abdominal control and proper breathing. Together Yoga and Pilates will strengthen the body, calm the mind and enhance mobility, coordination, and flexibility.

Fitness membership cards are required but not punch cards, at this time.

Please make sure you have your new **2025 Membership Cards** -- now available at the front desk for **\$15.00/each** - Please make checks payable to **Sunflower Fitness Club.** These cards are valid until December 31st, 2025.

The Annual Spring Meeting of the Fitness Club will be on Tuesday, March 4th @ 1:00 p.m. in the Fiesta Room. Finances and class schedules will be reviewed; and we will be electing a new president. Anyone interested in being president, please text **Sue Uden.** *Thank you.*

PRIMAVERA UPDATE

By Patrick Steliga



Primavera does not need any prescription bottles until further notice. Please put empty prescription bottles in the box for **Pima Animal Care Center (PACC)**, located inside the Village Center.

Please see the weekly Communicator for information about currently-needed items.

Thanks for all of your past donations.

VINTAGE GARDEN CLUB

By Marie Van Huis



A Trek with Nature - The *Vintage Gardeners Club* kicked off the new year with a fantastic walk around the **El Rio Nature Preserve**. We were fortunate to have a guide from Marana's Natural Resources Department as we explored the unique plants and wildlife of the Sonoran Desert. We saw a variety of birds, including migratory waterfowl such as snowy and great egrets, a great blue heron, and others not often seen in our backyards. This beautiful nature preserve is a great place to visit, especially during our beautiful Arizona weather.

Home Garden Tour and Ice Cream Social - Our popular *Home Garden Tour and Ice Cream Social* is coming up on **March 22nd**! **This is an important fundraiser for our Sunflower community, and we need volunteers to make it a success.** There are opportunities to help with publicity, scheduling, refreshments, and other tasks. Please contact **Lois Croly, Sharon Fannin**, or email sfvtgardens@gmail.com if you're interested in volunteering.

Speaker from the Nature Conservancy - On Monday, February 10th, a special speaker from the **Nature Conservancy** will visit our regular meeting in the **Fiesta Room @ 1:00 p.m.** The **Nature Conservancy** is a nonprofit organization dedicated to conserving the lands and waters that support life. They have ongoing projects in Arizona that encompass over 35,000 acres and support wildlife and offer public recreational activities. ***This meeting is open to all Sunflower residents***, so please contact any member of the *Vintage Gardeners Club* for more information.

Get Involved! The *Vintage Gardeners Club* is an important part of the Sunflower community, and we need your help to continue our work. We are working with board members and volunteers for a variety of tasks. There are many ways to get involved, so please consider attending a meeting, volunteering for an event, or serving on the board.

For more information about the Vintage Gardeners Club, please visit our page on the Sunflower community website at www.sunflowerliving.com or email us @ sfvtgardens@gmail.com.

***“What fire could ever equal the sunshine
of a winter’s day?”
~ Henry David Thoreau***



TECHNOLOGY CLUB

By Katta Mapes

February 12th @ 10:00 a.m.

Member Meeting in the Fiesta Room

TECH TALK: Find Your Way with Google Maps

Tony Burja from **Watermark University** is returning for another insightful Tech Talk! Join us as he guides us through the ins and outs of Google Maps, helping us navigate its features like a pro. Whether you're looking to enhance your local explorations or streamline your travel plans, Tony's expertise will illuminate the path ahead.

** Remember, you can see past meetings on **You Tube** – just search for **Sunflower Tech Club** on You Tube.

TECH HELP for Club Members: The **Tech Help Sessions** will be held this month on **February 1st** in the Craft Room and **February 20th** in the Fiesta Room. Both sessions will be from 2:00 to 3:00 p.m.

HEALTH & SAFETY

CANCER SURVIVOR GROUP

By Jan Keogh

The **Sunflower Women's Breast Cancer Group** extends an invitation to women in Sunflower who are currently being treated or who were formerly treated for any type of Cancer **to come join us.** While our treatments may be different, our feelings and emotions are the same.

Our support group has been meeting for 20 years, and we are a wonderful sisterhood of cancer survivors. **We meet the second Wednesday of each month in our homes from 2:00 to 4:00 p.m.** Please call **Jan Keogh @ 520-579-1018** to learn our next meeting place.

PARTNERS W/CHALLENGES SUPPORT GROUP

By Armand La Potin

We now welcome ALL Sunflower resident caregivers, as well as their Mates who may be confronting different neurological challenges. We maintain a confidential and casual atmosphere where we can share experiences on, or have questions about, such matters as: sources providing respite care, prescriptions, exercise regimens, therapies, and anything else participants want to bring up.

We meet 4th Tuesday of every month in the Craft Room @ the Village Center from 10:30 to 11:30 a.m.

Please contact **Armand @ 520-780-4547**.

SUNFLOWER VILLAGE CENTER HOURS OF OPERATION

Monday through Saturday from 7:30 a.m. to 7:00 p.m.

CLOSED ON SUNDAYS

We will remain open for evening events as they are scheduled in advance.

Pool & Fitness Proximity access from 5:00 a.m. to 11:00 p.m.

For access, you MUST enter Village Center WHEN OPEN.

If Center is closed, please use the after-hours front entrance gate.

SPECIAL INTEREST CLUBS AND THEIR CONTACTS

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ART CLUB

Billie Barron 520-334-7508

BACCHUS WINE

Sandy Persels 520-572-1936

BASKET WEAVING WIZARDS

Karen Donahue 520-572-2250

BILLIARDS

Jim Damato 520-744-7031

Joe Malone 520-572-4697

BLOCK WATCH

Katta Mapes 520-304-4812 (talk/text)

Katta.Mapes@gmail.com

BOCCCE

Lois Croly 520-369-1524

Kevin Uden 928-231-2488

Marcia Ceciliot 916-316-0123

BOWLING

Terri Shevlin 609-471-4347

BRIDGE: LADIES

Brooke Murphy 708-846-7555

BRIDGE: MIXED

Mary Lynn Mercer 614-323-2463

CRAFT CLUB

Chris Polk 520-820-5227

CRIBBAGE

Jan Session 520-429-6079

DANCE & ENTERTAINMENT

Karen Barta 586-292-6177

EUCHRE

Vicky Beard 520-907-3510

FITNESS CLUB

Sue Uden 928-916-0059

FUN POKER

Jim Conley 520-308-9798

GENEALOGY

Paulette Weiser 419-308-0237

GOLF - MEN

Don Sanderson 520-241-7676

Jim Chaloupka 520-572-0062

HIKING CLUB

Hope Collins 815-540-3666

Bobby Bran 520-729-8082

LINE DANCE

Karen Barta 586-292-6177

MAH JONGG

Anne Schmidt 520-572-4033

Lynn Neitzke 520-268-7784

NINE-HOLE GOLF - MEN

Jim "Murph" Murphy 708-846-7556

NINE-HOLE GOLF-LADIES

Aileen Fundingsland 520-906-4427

PARTNERS WITH CHALLENGES SUPPORT GROUP (PWC)

Armand LaPotin 520-780-4547

PATRIOT'S PANTRY

Dann Cooke 520-404-4178

PING PONG

Buzz Hoffmann 520-572-4258

PICKLEBALL

Rick Lybarger 509-690-1991

Terri Shevlin 609-471-4347

PINOCHLE

Jim Damato 520-744-7031

Harlan Quinn 520-225-7375

POP TENNIS

Chris Schatte 231-715-6490

Gary Engel 623-221-8813

POTLUCK CLUB

Susan Sifers 540-538-6512

PRIMAVERA FOUNDATION

Patrick Steliga 262-422-8791

QUILTING CLUB

Jill Davis 253-549-3552

ROMEOs/OWLS

Dick Teugh 520-579-5826

Dennis Abrams 970-231-3459

SOCIAL CLUB

Bette Sumner 520-572-2094

STRENGTH AND BALANCE

Marlene Spencer 520-572-2554

SUNFLOWER NEIGHBORS

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Katta Mapes

Katta.Mapes@gmail.com

SUNFLOWER READERS

Marcia Olson 520-888-6932

Jann Swanson 520-579-7578

TECHNOLOGY CLUB

Katta Mapes 520-304-4812 (talk/text)

Katta.Mapes@gmail.com

TENNIS CLUB

Charlie Barlow 360-870-6517

Susan Page 520-742-1373

VETERANS

Larry Schierer 520-975-1164

VINTAGE GARDENERS

Lois Croly 520-369-1524

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Leslie Parr 520-603-8785

Revised February, 2025

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SUNFLOWER MISSION STATEMENT, CORE VALUES & VISION

MISSION STATEMENT:

The Mission of Sunflower, an active adult community of 967 homes, is to be good stewards of common property and funds and to offer our residents a variety of opportunities to enrich their physical, cultural and social well being.

CORE VALUES:

The Core Values of Sunflower are:

- Maintain the beautiful physical appearance of the community
 - * Support a harmonious community
 - * Respect the differences of all in the community
- Nurture an environment that allows the enrichment of the lives of all in the community
 - * Ensure the financial integrity of the association
- Recognize and address changing needs of the community



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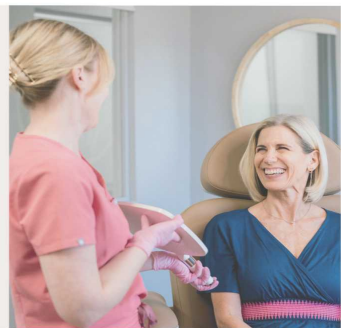
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