

The Sun Catcher

April 2025

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Sunflowerliving.com



SUNFLOWER QUILTERS CLUB

By Carolyn LaPotin



If it's *April*, it's time for Sunflower *Quilters' Annual New Socks and Undies Drive!*

All new socks and undies donated by Sunflower's residents are taken to *AVIVA Children's Services*, who distributes them to children in foster care supervised by the *Arizona Department of Child Safety*. There is enormous need for *New Socks and Undies* in all sizes and for both boys & girls. Sizes 2 – XXL are sorely needed, and all donations are welcome.

Imagine life without these basic undergarments! At any time in April, please place your donation in the special collection box that will be located in the hall outside of the Fiesta Room at Sunflower's Village Center. *Last year, our Sunflower residents graciously donated over 500 pairs of socks and undies. Let's try to better our record this year!*

Sunflower Quilters meet weekly on *Thursday & Friday mornings from 9:00 a.m. to 12:00 Noon*. Residents are always welcome to join us or just stop by to talk about our various projects for charities in our community.



R.A.W. Band will be back with us on Saturday, April 12th from 5:00 to 8:00 p.m.

for our semiannual Music Under the Stars evening!

R.A.W. Band plays 1960's to 1970's Classic Rock.

The Station will be selling Hamburger or Hotdog meals with all the condiments, chips and a drink for \$12.00 per person. If you want just a burger or hotdog or an extra one, the cost will be **\$8.00, and \$2.00** for an extra bag of chips or a drink.

The Fitness Club will be selling Ice Cream Bars for \$2.00 each. So bring your lawn chairs, enjoy some music, company, fun and food, and join us for

Music Under the Stars!

2024-2025

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802242301



A MEANINGFUL GIFT FOR MOM.

The bond between a mother and child is priceless and caring for each other is a top priority. This Mother's Day, let's not only celebrate this special bond, but also the ties that unite family members across generations. Mark the occasion with the ultimate gift - a plan for your family's future. Whether you're a mother yourself or seeking to assist your mother, an estate plan is the perfect gesture of love. It's more than just paperwork; it's a promise for the future.

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”



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ARCHITECTURAL REVIEW COMMITTEE

By Lisa Sak

Hooray! The additional colors for exterior paint choices within our Sunflower Community have now been approved by the Board of Directors. We will be adding the additional colors to our **Paint Book**, which residents use to select new paint colors for their homes, and which is located in the Village Center for all to access. This process will be completed by **ARC by June 1st, 2025**.

Thank you to everyone who stopped by the Village Center to check out the binder with the additional colors, and who left their opinions for review by the BOD. We appreciate your taking part in this process as it helps us make better choices for everyone within the community.

If you have any questions, please don't hesitate to come to a meeting.

**ARC meetings are ALWAYS on the 1st & 3rd Tuesday of each month:
April 1st & 15th @ 9:00 a.m. in the Craft Room**

ELECTION COMMITTEE

By Dennie Linde-Sonntag

The **Election Committee** invites your participation. We require four individuals to join our team, which convenes from approximately June to November.

Elections are crucial to the Sunflower Community. If you have any questions, please contact **Dennie Linde-Sonntag @ 360-628-7706**.

BI-ANNUAL HOA ASSESSMENTS

It's that time of year again.

Assessments are \$785 and are due April 1st, 2025.

Sunflower offers a grace period until April 28th for payments made at the Village Center.

If you don't receive a statement or misplace it, the ladies at the Front Desk will be able to print one off for you.

If you have any questions about the assessment, please contact **Lisa @ lsak@associatedasset.com** or **Monica @ mlmartinez@associatedasset.com**.

FINANCE COMMITTEE REPORT

By Bonnie Scott

Preparing for Sunflower's 2025-2026 Annual Budget

Sunflower's budget preparation will begin in May and Community Manager, Lisa Sak, will notify applicable committees who request funds reflecting their financial needs for the 2025-2026 budget in April. Their budgets are to be delivered to Lisa by May 1st, so she can complete preparation of a draft of the budget by June 1st.

Included in the draft are other expenses which come from Continental Ranch for the master assessment Sunflower pays them, Utility Company increases, possible Landscaping increases, Sunflower staff wage increases, postage increases, etc. There are many more income and expense categories and homeowners may pick up the 2024-25 Budget that lists the current categories at the Front Desk. Lisa will review the draft with the **Finance Committee** and Treasurer, and changes may be considered. Although committees may request funds needed, the amount requested may not be approved based on the amount requested, the importance of request(s) and how they would affect the annual homeowner assessment.

The Board will approve the New Budget in its July Board meeting and homeowners are encouraged to attend this meeting if they would like to provide comments on it before it is approved. A special meeting to introduce the approved budget to all Sunflower homeowners will be held early in August. This will allow the approved Budget to be made available to homeowners prior to September 1st, which is a requirement for homeowners so that they know what the annual assessment for the 2025-2026 tax year will be. One half of the annual assessment is due October 1st of 2025 and the second half is due April 1st of 2026. **Questions** regarding Sunflower's budget process should be referred to **Lisa**.

To see how HOA's manage money, including assessments, you're encouraged to attend the **Finance Committee** meetings. If interested in participating more actively, please consider joining the committee. **Meetings take place the third Tuesday of each month at 1:30 p.m. in the Conference Room and last about one hour.** Applications for the committee are available at the Front Desk or online @ our **Sunflowerliving.com** website. Current committee members have a wide range of experience in Investments, Audits, Bookkeeping, etc.

We hope you will join us for this very important Sunflower Committee!

LANDSCAPE COMMITTEE

By Charlie Barlow

As part of the **Smartscape** initiative, two designs & cost estimates for removing the grassy areas around the Village Center & replanting them in a more environmentally-and-water-usage-friendly way, were submitted to the **Landscape Committee**. During the March 20th committee meeting, further review of the two designs was held and input from community members was received. A vote was held to recommend the design and cost estimate submitted by **AAA Landscape**. The recommendation will be forwarded to the Board of Directors. Approval by the City of Marana will enable Tucson Water to contribute a substantial amount of funds for the turf removal and new landscaping consistent with **Smartscape** guidelines.

[Our next Landscape Meeting is on Friday, April 4th @ 10:00 a.m. in the Conference Room.](#)

PRAC

By Diane Christie

What does this abbreviation mean? What's the purpose? The purpose of the **Preservation of Reserve Asset Committee** is to assist the Sunflower Community Association with management of the Reserve Asset Fund.

During six years in this community, I've volunteered in various capacities and learned aspects of what makes our community tick. Over time, many questions have come to mind about repairs, money, asset sustainability, and so on. I wanted to know more, understand how decisions were made, and understand better the relationship between the management company and this committee.

How to understand more? I asked questions. I attended a meeting. Interest was piqued. I applied to be a committee member, and was approved by the BOD. I've now attended four meetings, the **true newbie** on the committee. Each meeting results in increased knowledge of our community inner workings, knowledge of coordination and communication between committees, especially **Finance** and **ARC** (Architectural Review Committee). I gain a deeper appreciation of what it takes to **'make things tick'** around here.

The agenda for the March meeting consisted of discussion and follow-up on topics such as the sound system, pending projects, when/how to replace gym equipment, interior painting timing & colors, results on HOA-owned physical-wall inspections, volunteer refurbishing efforts, possible changes to the pool and MORE!

Yes, there's much history. **Yes**, there is lots to discover and learn about this community in which we choose to live. **Curious? Want to learn more?** All are welcome to attend our meetings. [Come join us in the Fiesta Room on the first Thursday of every month @ 1:00 p.m.](#)

WELCOME COMMITTEE

By Lynn Haye

Let's all welcome Larry and Marie Past on Whispering Shadows Way. Larry and Marie come to Sunflower from Chaska, MN. Larry's interests are woodworking, playing guitar & singing. He is interested in finding people to play folk rock music & sing with. Marie is interested in art & gardening. Both are interested in nature & hiking and are very happy to be able to spend winters here.

And - Mike and Linda Kahn moved to Suncatcher Drive at the end of 2024 after living in the Orlando area for the past 10 years. Both are from the Boston area & lived there most of our lives. Mike & Linda owned an appliance parts business in the Boston area for many years. They both enjoy playing cards & going to the pool. Linda loves to play Mahjong & Mike just likes to keep busy.

More "newbies" - John and Patty moved here from Seneca, IL. John is a retired firefighter/paramedic, and Patty is a retired elementary schoolteacher. They enjoy traveling, hiking and biking. They also like to snowshoe and cross-country ski. They have two children.

To all our "newbies" - **WELCOME**. We can't wait to meet you & give you an information packet; or we can drop one off at your home. Questions, contact me @ 520-572-6741.

[Our next Welcome Committee Meeting is Friday, April 11th @ 1:00 p.m. in the Conference Room](#)

ENTER THE WASH AT YOUR OWN RISK

By Lisa Sak, Association Manager



Please be aware that the WASH that runs through our Sunflower Community belongs to the **Town of Marana;** and they are responsible for it.

Sunflower's HOA has the responsibility to maintain the landscape from the sidewalks to the walls.

Please remember that the wash may have **'critters'** roaming in it, and you should beware to enter at your own risk.

Activities Committee

The next Activities Committee Meeting will be on Tuesday, April 8th @ 10:00 a.m. We are continuing to make our plans for this Spring, so come join us if you can, and be a part of the planning process. *We hope to see you there!*

KARAOKE

Karaoke is held on the third Tuesday in April.

That is *April 15th from 5:30 to 7:30 p.m.*

Please send your songs to: rongagne@centurylink.net by *Wednesday, April 9th*. Please limit your individual songs to 3 per person. You can also send ideas for group songs.

SECOND FRIDAY AND FOURTH TUESDAY GAME NIGHTS

**G A M E
N I G H T**

Friday, April 11th and Tuesday, April 22nd from 6:00 to 8:30 p.m. in the Fiesta Room.

Hosted by: *Jan Session and Adrienne Farrell.*
Bring your snacks/drinks and be ready for a lot of fun!

CORNHOLE



Cornhole is going strong! Stop by and give it a try. We're continuing our play every Friday in April from 4:00 – 6:00 p.m. on the sidewalks by the Bocce Courts. Times may be adjusted according to weather. No partner or experience is needed.

This is a social, non-competitive group. .

On the **2nd Friday, April 11th**, we will knock off a bit early and have our monthly social.

See you on the sidewalks!

BARRIO BREAD SALES



Barrio Bread, *Don Guerra*, will be back at Sunflower to sell bread on Wednesday, April 16th @ 3:00 p.m. in the Craft Room.

So come on out and get your favorite bread!

Reminder: 2 loaves per household.
Also, no pre-orders.
Thank you for your cooperation.

LIFE ENRICHMENT



On **Tuesday, April 15th from 1:00 to 2:00 p.m.** we will welcome author, *Virgil Hancock*, who will do a **presentation that covers 150 years of Bisbee's history.** We will serve brownies & lemonade. The presentation includes a historical deep-dive into the copper borderlands, as well as contemporary photographs of greater Bisbee. The presentation will use the concept of alchemy to focus on the transformation of an early mining camp in the Mule Mountains of Southern Arizona into the city of Bisbee. Indigenous peoples, immigrants to Bisbee, fraternal organizations, history of violence & war, borders, the central role of women, the role of the federal government and the importance of art will all be reviewed.

Virgil Hancock was born and grew up in Tucson, Arizona. He completed medical school in 1984 and finished his psychiatric residency in 1988. His first portfolio of photographs was published in "**Arizona Highways**" in 1990. His photographic subjects have been primarily the Southwest and Mexico. He has four books of photography. He has had individual shows at museums in the Southwest and his work is in statewide collections including the Center for Creative Photography at the U of A.

SUNFLOWER EXPLORES TUCSON MEET THE NEIGHBORS



Think you know who your Neighbors are? Are they the ones you wave to? Say Hi too? Have coffee with? You may be surprised! On **Friday, April 18th @ 2:00 p.m.**, you will have an opportunity to meet some "New Neighbors" with a Live Animal Presentation from the Arizona-Sonoran Desert Museum! We will explore the lifestyles and beneficial roles of some desert animal residents and learn how to be "Good Neighbors" with wildlife.

Please join us **Friday, April 18th from 2:00 – 3:00 p.m. in the Fiesta Room.** Tickets are \$10.00 per person. Sales are: Wednesday, April 2nd from 10:00 a.m. – 12:00 Noon.

TRIVIA NIGHT

Charge your phones, your brains, and bring your friends! Phone Trivia Night is back! Phone Trivia is when you use your cell phones to answer multiple-choice question on a variety of subjects such as History, Science, Art, Pop Culture, etc. Play as a group or individual. Join the fun on Wednesday, April 9th from 6:00 – 7:30 p.m. in the Fiesta Room!

Tickets are \$10.00 per person and include light snacks, beverages, and of course, **Fun PRIZES!** You can, always B.Y.O.B. of choice.

Sales are:

Wednesday, April 2nd from 10:00 a.m. to 12:00 Noon.
Come buy a ticket and join in a fun evening of Trivia.

MOTHER'S DAY SOUP & SALAD LUNCHEON WITH ALFONSO'S OLIVE OIL PRESENTATION



On Saturday, May 3rd from 1:00 to 3:00 p.m.,
we will honor all Mothers!

We will open with a presentation and tasting by **Alfonso's Olive Oils** and then enjoy a wonderful Salad Luncheon. We will have a variety of different salads, with soup and a muffin for each guest, plus some lemonade or water, or you may B.Y.O.B. as you desire, followed by a special dessert.

Alfonso's will have Olive Oil and Balsamic to purchase, along with some cookbooks, so bring your wallet and take home something special.

Tickets are \$25.00 per person and sales dates are:

Monday, April 21st from 10:00 to 11:30 a.m. ~ and ~
Monday, April 28th from 1:00 to 2:30 p.m.

Come buy a ticket and help us celebrate all Mothers!

A DAY IN THE LIFE OF A SUNFLOWER RSC

Most of our residents refer to us as "*The Ladies at the Front Desk*", but our official title is: "**Residential Services Coordinator**". We're called this because everything we do is aimed at providing the best possible services & information to our Sunflower residents. We are able to take care of most of your needs & provide you with information to make life in Sunflower a wonderful experience. We all strive to achieve this goal; and hopefully, *our homeowners agree that we do!*

Aside from our "Meet & Greet" chores, some "behind the scenes" tasks we perform are: Creating/distributing the monthly Sun Catcher; Updating the Homeowner Referrals; Updating/distributing Residents' Directory; Answering/Processing Phone Calls; Processing Proximity Cards/Guest Passes; Processing Renters in compliance with Federal Reqs; Processing Temporary Leave of Absences, Complaints, Concerns; & all other Apps (i.e., ARCs, Age Verifications, etc.); Covering scheduled 'Events' & being available to committees/clubs as needed; Collecting/sorting donated books/magazines/puzzles; Making copies/faxing/laminating/filing documents; Taking Fees (i.e., HOA, etc.) & Collecting Membership Fees for clubs; Providing current forms at the desk; Learning/Developing new computer apps; Artists Gallery Wall; Updating new procedures; Covering Election Processes according to law; & Keeping the Village Center secure at all times.

Though this is much of what we do, I'm sure you'll agree that chatting/interacting with our homeowners is what we do best and *indeed, like the most!* Each one of us loves being here in Sunflower, doing the job and finding new ways to help make everyone's life more enjoyable!

FOOD TRUCK ROUND UP



The Food Truck Round Up will be held on
Wednesday, April 16th from 4:30 – 7:00 p.m.

Some of the Food Trucks we will enjoy are: Pin Up Pastries and BBQ, LaBufadora Fish Taco's, The Smokin' Butcher, Mafia Kitchen, Samurai Teppan Steak, Sarah's Fresh-Tossed Pasta Bowls, D. J. Jumbie Latin Caribbean and Big Sexy's Wangs and Thangs.

*So come out and join us for dinner
on the back patio or in the Fiesta Room.*



By Bruce Schwartz

Hello Sunflower Suncatchers. April 1st is April Fools' Day, so don't get fooled. March is gone and winter with it, as we look into April and those warmer, delicious Sunflower, spring days ahead. The ***Veterans Club*** is planning its ***Annual Spring Cook Out*** that we all look forward to on ***April 19th, 2025.***

There will be four seatings: 11:30 a.m., 12:00 Noon, 12:30 & 1:00 p.m. ***The menu will consist of:*** Brats or Burgers - two of one or the other. For those that cannot seem to make up their minds, one of each, Baked Beans, Potato Salad, Ice Cream, Lemonade and all those yummy toppings. ***The price is still only \$18/pp.***

For online tickets, please go to: <https://www.sunflowerliving.com/upcoming-events>
Ticket sales will take place at the Village Center on:
Thursday, April 3rd from 9:00 a.m. to 12:00 Noon
& Thursday, April 10th from 1:00 to 3:00 p.m.

How can anyone even begin to thank ***Larry Schierer*** for his endless and continued dedication and the time he has given to the ***Veterans Club***? ***Larry*** has just stepped down from being the President and is now in the Vice President role. We salute you, ***Larry***, for your dedication to the club and your military service. ***We welcome Sharon Bender as our new President.***

As a gentle closing reminder, over a year has passed since starting the ***Membership Program***. We have noticed a number of our members with yearly memberships who may have forgotten to renew. ***Please take a moment to do so and renew for 2025.***



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WE THANK OUR SUNFLOWER RESIDENTS AND VETERANS FOR ALL THEIR SUPPORT!!

KEN EASTON: A UNIQUE JOURNEY FROM THE NAVY TO MUSIC AND BUSINESS

In 1955, ***Ken Easton*** enlisted in the U.S. Navy with an unusual incentive—if he could recruit the newest sailors, he would win a radio. Determined, he convinced five of his buddies to join, and sure enough, he walked away with the prize.

Ken's journey in the Navy was anything but typical. Unlike most recruits, he never attended boot camp. Instead, due to his impressive high school typing speed of 65 words per minute, he was immediately assigned to the legal office aboard the ***USS Worcester***. During his service, he traveled the world, making port in Hawaii, Japan, Guam, Hong Kong, and Australia. While many shipmates rushed to bars at each stop, Ken and a friend opted to rent bicycles, exploring and capturing the scenery through their camera lenses.

For his second tour, Ken was assigned to the Admiral's Staff in San Diego, working from a tender while receiving Sea-Duty Pay. He was later offered an early discharge—90 days ahead of schedule—if he agreed to attend college. Without hesitation, he enrolled, becoming the first in his family to pursue higher education. Initially studying pre-med, he quickly realized medicine wasn't his calling and switched to music.

This decision led him to a Master's Degree in music and a remarkable career as an arranger and composer in Hollywood. Ken worked with legendary artists such as ***The Righteous Brothers, The Association, Tijuana Brass, Poco, and The Eagles***. Later, he moved to Chicago, where he built a successful advertising and marketing business, running it for 30 years. Ken's life is filled with incredible stories, and while he may be leaving Sunflower, his legacy of adventure, creativity, and perseverance will remain unforgettable.



THANK YOU, KEN FOR YOUR SERVICE

BACCHUS WINE

By Sandy Persels



WHAT???? Just kidding! Dry January is really not "a thing" for most Bacchus Wine folks, and February featured a fairly damp Mardi Gras. March Madness, however, did yield slightly to Moderation in March.

Anyone who remembers exploring hopefully some of those early alcohol-free wines will be pleased to know that a more appealing category of wine has emerged: low-alcohol wines! Wine enthusiasts might be surprised at how much the industry has improved at reducing the amount of alcohol in wine while preserving its balance and complexity along with the essential character of the grape.

Bacchus Wine is nothing if not intrepid when it comes to exploring wine! March attendees gamely (if unwittingly, since it was a blind tasting) sampled three different white wines, made notes and discussed them before the "unveiling" revealed that all of the wines were lower-alcohol/lower-calorie. Some people expressed surprise; others adamantly insisted they will only drink the "real" stuff. Everyone was mostly in agreement that it's good to know that there is an increasingly-wide variety of palatable lower-alcohol options from which to choose, should one decide to investigate further.

All Sunflower residents are welcome to join **Bacchus Wine** as we explore the wide, wonderful world of wine. Get your name on the mailing list by contacting **Sandy Persels** ~ deuxpers@comcast.net ~ to receive advance notice and your invitation to each event. **Hope to see you soon!**

*And Noah he often said to his wife when
he sat down to dine,*

*"I don't care where the water goes if it doesn't get into
the wine." ~ G. K. Chesterton 1874 - 1936*

HOLIDAY DECORATIONS EXCHANGE

By Pat Cooke



The **HOLIDAY DECOR EXCHANGE TABLE** for **SPRING & EASTER** will take place from

April 3rd through April 5th, 2025.

It will be located in the hallway to the Fitness Room in the Village Center, as before.

If you have **Spring or Easter** items you no longer want, just place them on the tables.

It you need some decorations, then check out what's there, **and take what you want!**

'SPRING HAS SPRUNG' POTLUCK

By Helen Crandall & Marcia Olson

Spring into action and come join us for the April 10th Potluck! Social hour starts @ 5:30 and dinner will be served at 6:00 p.m. Our hosts this month are Sharon, Judy, Marcia and Friends.

Please remember that we've increased our ticket price to **\$3.00/person**, unless you bring a main dish to serve 12. The Committee is providing dessert with the increased fee; thanks for your support as we continue to "reinvent" the potluck concept.

Speaking of the **Potluck Committee**, many thanks to **Susan Sifers, Grace & Jim Alsterberg, Mary & Gene Milbrath, Fran Gauthier** (and Secretary, **Jim Moody**) for their continuing support in the kitchen. **We couldn't "do it" without them!!!** They not only serve the food but continue to purchase supplies, serving pieces, food carts, etc. to keep us going. Our retired "chair," **Lucy Howlin**, was a huge inspiration and support these past years. **WE NEED A FEW PEOPLE TO STEP UP AND SERVE ON OUR PLANNING COMMITTEE.** Please contact **Susan Sifers** if you can help, as we meet 1-2 times a year to plan the year.

Tickets will be for sale:

Tuesday, April 1st from 10:00 a.m. to 12:00 Noon; ~and~ Tuesday, April 8th from 10:00 a.m. to 12:00 Noon.

APRIL SOCIAL CLUB

By Frances Gauthier

Come and enjoy an evening having dinner and visiting with your Sunflower neighbors on **April 19th**. We plan on serving lasagna, salad, garlic bread and tiramisu.

Social time is 5:30 followed by dinner @ 6:00 p.m.

Tickets will be sold on Monday, April 7th from 12:00 to 1:30 p.m. at a price of \$10 per person. If you haven't already paid your 2025 Membership Dues of \$5, you will have to pay them when you buy your ticket.

We will be collecting food items for the **Roadrunner Elementary School's Summer Food Program**. The school is in a very poor district and without this program, many of the children would go hungry in the summer.

Items requested are: Vienna sausages, tuna or chicken pouches or pull tabs, snack pack crackers with real cheese, 100% real juice boxes, fruit cups, Nutri Grain or Nature Valley Bars and individually-packaged applesauce. You have been very generous in the past, and we hope that you will continue to do so.

Your generosity has been much appreciated.

Tickets for our May 17th Mexican Dinner will be on sale on Monday, April 28th from 10:00 to 11:30 a.m.

2025 SUNFLOWER CRAFT FAIR

By Sue Uden

The 23rd Annual Sunflower Craft Fair and Bake Sale will be held on November 7th & 8th with set-up on Thursday, November 6th. As many vendors will be gone during the summer, we encourage you to submit your applications and payment early (checks only). Vendors will be placed in the order the applications are received. Applications are now available at the front desk or on-line @ www.Sunflowerliving.com, and must be submitted by September 8th, 2025. Any extra space will be made available to Friends of Sunflower.

The Fitness Club will be coordinating this year's event, so checks should be made to: Sunflower Fitness Club and returned to the front desk at 9401 N. Sunflower Dr., Tucson, AZ 85743.

Bonnie Huff will again be the Vendor Coordinator and can be reached @ Bonnies1017@aol.com or 734-277-7730, if you have questions.

Sue Uden will be the event Manager and Coordinator.

COMMUNITY SOCIAL GATHERINGS

ATTENTION SUNFLOWER MEN

By Dennis Abrams aided by Dick Tough

ROMEOs Lunch & Breakfast plus OWLS Dinner groups are restaurant clubs for Sunflower Men (only). OWLS - (Old Widowers' Light Supper) is a similar men's dinner club for Sunflower men, widowed or who live alone, who would enjoy a night out with the boys, always using the Glicksman Formula – no dues, individual checks & sign up at front desk to carpool to the restaurant at least a day in advance.

ROMEOs Breakfast– Wednesday, April 23rd, 2025 will go to Crying Onion, carpooling at 7:45 a.m.

ROMEOs Lunch– Wednesday, April 9th, 2025 will go to Barros Restaurant, carpooling @ 11:45 a.m.

OWLS Dinner– Wednesday, April 16th, 2025 will go to BJ's Restaurant, carpool @ 4:30 p.m.

COFFEE KLATCH

Come join our Saturday Coffee Klatch

Every Saturday morning from 7:30 to 8:30 a.m. in the Fiesta Room

Everyone is welcome to enjoy a great time meeting with neighbors & a 'Cup of Joe'. We provide coffee, but appreciate a \$1.00 donation to help defray costs.

We greatly appreciate Roger Daggett of Coldwell Banker Realty - Foothills Office for continuing to sponsor this weekly event.



Sign up at the Village Center for the

Saturday, April 12th Spring Yard Sale

There is a \$5.00 fee that all participants pay.

The fee is used to defray the cost of maps, signage and advertising. The deadline for signing up is Tuesday, April 8th to be on the map. You can still sign up after that date to participate. The maps will be available for pick-up outside Sunflower Village Center on Thursday, April 10th.

We have the date, and the time is 7:00 a.m. to 1:00 p.m.

We've ordered perfect weather and you've gathered together the items you want to sell.

Here are some tips to help you have a successful sale:

- ~ Create an organized display.
- ~ Lay out your items by category and display items to appeal to your customers
- ~ Stock up on bags and newspapers
- ~ Newspapers are handy for wrapping fragile items
- ~ Manage your money. Make sure you have ample change for your cashbox.

Advertise - Use balloons and signs with prominent arrows, etc. to grab the attention of people driving by.

MUSIC NOTES FOR APRIL

By Sue Horsfall

"April Showers" bring the Sunflower Chorale's Spring Concerts! The dates and times are Friday, April 25th @ 6:00 p.m. and Saturday, April 26th @ 3:00 p.m., with both performances in the Fiesta Room.

As customary, there will be no admission charge for the concerts, but tickets will be required to insure adequate seating. Tickets will be available beginning the week of April 7th, with specific days and times indicated in the Communicator starting April 3rd.

Among a Spiritual, International Folk Songs and a few Show Tunes, this year's program includes several pieces that we had planned to perform when the Covid-19 pandemic shut so many things down.

The Chorale is looking forward to sharing our love of music with our friends and neighbors in and around Sunflower. For questions or suggestions, please call Sue Horsfall @ 520-425-0586.

ROSIE'S SUNFLOWER BINGO

By Tim Walter



Even though some regulars did not attend in March, we had a full house. The Fiesta Room was filled as well as the Library! The **Rosie Special** was as special as the lady it was named after- **\$385.00!!!** **Jim Buchler** gave the Irish Blessing that has become a tradition.

Thank you, Jim! A good portion of that blessing fell on **Terri Shevlin** who won three pots, including the **Rosie Special**.

Another tradition - donating a portion of your winnings to the **Veteran's Club** was also in play. **Terri Shevlin** donated back, as well as **Billie Barron, Jack Bartleson, Sharon Bender, Louis Echelberger, Ruth Bitner, and Shirley Anderson. A total of \$260.00!**

A heartfelt **thank you** goes out to **Dolores Johnson** who had a second straight month of perfection calling, and as always, the great helpers we have.

We don't have a solution for those who are trying to save seats for your friends. Cards will not be sold before 5:00. We don't want to make a bunch of rules, but we need to have this one:



If you are reserving seats,
do not lean the chair on the table.
That is a safety hazard.

A much better plan would be to bring everyone and enjoy each other's company before the games begin. If there is a body in the seat, there is no question it is taken.

Mark your calendars for April 8th, and head to the Fiesta Room where the games will kick off @ 6:00 p.m. Don't miss out on the chance to be a part of this fantastic bingo experience – **see you there!**

GAMES

BILLIARDS

General Play: Monday-Saturday except for Club times
Men's: **Tuesdays and Fridays — 1:00 to 4:00 p.m.**

Chix with Stix (Ladies): **Mondays and Thursdays — 1:00 to 4:00 p.m.**

No experience necessary
We'll Rack 'em and You Hit 'em.

SUNFLOWER MEN'S GOLF CLUB

By Gary Scott

In January, we began our **Net Championship and Club Championship Tournaments.** **Pat Miller** won the Net Championship. The **Club Championship** finished on February 24th - individual winners are: Club Champion is **John Tolo**, First Flight Champion is **Mike Adkins**, 2nd Flight Champion is **Ross Bittner** and the 3rd Flight Champion is **Tom Beecher**. Congratulations to all the winners and a **Thank You** to all who participated. Congratulations to **Bob Rice**, who on February 10th, using a 9-iron on the 13th hole at Del Lago, made a Hole-in-One.

For those unfamiliar with our club, we play twice a week (Monday and Thursday) at various courses in the area (all the way from Benson to the east to Tubac to the south and Casa Grande to the north). If you enjoy the game and are looking to make some great friends, come join us. Contact **Doug Culpepper @ biker1ab@mac.com** or 412-720-6248 or myself @ **gbscott70@comcast.net** or 520-406-0123. You may also visit our schedule of events on our website: **www.sunflower.golfclub.net**.

MEN'S NINE-HOLE GOLF

By Jim Murphy

Join us for nine holes of golf at **Quarry Pines**. Through the winter months, we play weekly on **Wednesdays starting @ 2:30 p.m.** If you'd like to join us, email **Jim Murphy @ jmurphmail@gmail.com**.

LADIES 9-HOLE GOLF

Please join us **every Tuesday @ 2:15 p.m. @ The Quarry Pines Golf Course**. Please arrive one-half hour early. Contact **Aileen @ 520-906-4427** the **Saturday before**, in order to hold your place.

POP TENNIS FOR SUNFLOWER

By Gary Engel

We continue to play on Wednesdays from 3:00 to 5:00 p.m. on Sports Courts 1 and 2.

Pop Tennis is like tennis but is very **"senior friendly"**

- The tennis balls are de-pressurized (about 60%)
- The paddles are about twice the size of pickleball paddles but are cushioned and have holes drilled in
- The baseline is moved in 9' and only tennis singles lines are used
- Serves are like pickleball (i.e., only underhand), but unlike pickleball, there is no "kitchen"
- Scoring is the same as tennis (0-15, 30-30, etc.)
- We supply the paddles and balls - you supply the interest

For more information, contact **Gary Engel @ 623-221-8813** or **gengel9285@gmail.com**

SUNFLOWER TENNIS CLUB

By Dennis Page

The *Sunflower Tennis Club's* Annual Tournament and party was held on Saturday, March 8th. Lots of good games, good food, and good socializing was had by all!

The two previous *Tennis Club* articles detailed these tips for winning at doubles: 1. Pressure the net; 2. Aim for the opponent's feet; 3. Attack the middle of the court; 4. Lob; 5. Poach; and 6. Fake-out your opponent.

Here are the last 3 tips from [How to Win at Doubles: 9 Doubles Tennis Strategies - 2025 – MasterClass:](#)

Hit to their weakness: Most players have a weaker groundstroke, usually their backhand. If that's the case, keeping your shots away from the other players' forehands can help, especially if they're returning your service. If all the players are right-handed, aim close to the center service line. If the returner is left-handed, serve out wide to their backhand.

Try the I-formation, which entails the server standing close to the center mark at the baseline, while the net player stands near the center line. Only the server knows where the net player will move after the service, which can throw off your opponents' return.

Try the Australian Formation. Similar to the Information, the Australian Formation has both players stand on the same side of the court, leaving the other half of the court completely open. You should use this formation only when your opponent has a weak down-the-line return or keeps hitting winners on their cross-court returns.

PICKLEBALL CLUB

By Leah Freeland

Seven teams enjoyed the first **Sunflower Pickleball League**. There will be a **Round Robin Tournament** open to all members on **Saturday, April 5th** followed by a social gathering later in the day.

Club play time will change beginning April 1st:

New times will be Monday through Saturday from 8:00 to 10:00 a.m. and Tuesday, Thursday & Sunday from 4:00 to 6:00 p.m. All club members are welcome to play at these times. **Anyone can play outside these times when the courts are open.**

For beginners interested in learning the game, free lessons can be arranged by calling or texting

Karla Holmes @ 208-724-4864.



By Julie Frickel

Sunflower Bocce Club had members' tournaments February 28th and March 1st for women, and March 7th and 8th for men. The weather was perfect for the women but the men had to battle cold and rain!

First place winner for women was **Stacy Shellard** and second place went to **Diane Swanson**. First place winner for men was **Ed Alsobrooks** and second place went to **Rick Ivanov**. **Great job to all the players and special thanks to those that helped flag, score and support their fellow teammates.**

We are having a **Night Bocce Event** before our snowbirds go to their cooler climate. It will be on **Saturday, April 26th beginning at 5:30 p.m.** We will be using **regulation balls** instead of the glowing balls. Please bring a snack to share and beverage of your choice. **This event is for current Bocce members only.**

Want to join a fun group? **We play on Tuesdays and Thursdays starting @ 1:00 p.m., and Wednesdays @ 6:00 p.m.**

Tuesday and Thursday summer play will begin @ 9:00 a.m. once the weather gets too hot for afternoons. Please arrive 10 minutes early, courts and teams are randomly picked before we start to play. Membership is only **\$10.00 per year**.

We had a successful **Bocce Clinic** on March 15th with 8 new people wanting to learn. It was a cold, windy morning, and they were all troopers & naturals at the game! We are looking forward to having some new players join us on the courts!

G N O ~ GIRLS NIGHT OUT

By Lynn Haye

Ladies - are ya ready? Last outing until October! April finds us going to our old favorite: **The Gaslight Theater** in Oro Valley to see the play, **"The Mousetrap Mystery"** by **Agatha Christie**.

The date is Sunday, April 13th, 2025.

The cost is \$37.75/pp; and I will need your money by April 1st. Any questions, as always, contact me @ **h1035@aol.com**.

CONTACT US—E-MAIL DIRECTORY

Lisa Sak, Sunflower Community Manager: LSak@associatedasset.com

Monica Martinez, Sunflower Community Assistant Manager: MLMartinez@associatedasset.com

Communicator Submissions/Visual Lobby Display: Please keep notice for upcoming events happening within two weeks to 75 characters or less, and **submit Wednesday by 5:00 p.m.**

For Communicator to: LSak@associatedasset.com.

Sunflower Living Website: webteam@sunflowerliving.com

Email directly to: submittosunflower@gmail.com

FRONT DESK PERSONNEL

Lori Chase, Resident Services Coordinator: LChase@associatedasset.com

Nickie Kaplan, Resident Services Coordinator: NKaplan@associatedasset.com

Rebecca Teichman, Resident Services Coordinator: RTeichman@associatedasset.com

Rosie Young, Resident Services Coordinator: RMYoung@associatedasset.com

SUNFLOWER VILLAGE CENTER HOURS & HOLIDAY CLOSINGS

WE WILL NOT BE CLOSED EXCEPT FOR SUNDAYS DURING APRIL

The Sunflower Village Center OPEN HOURS* are:
Monday thru Saturday from 7:30 a.m. to 7:00 p.m.
CLOSED on SUNDAYS.

*Events and activities can still be scheduled until 9:00 p.m., but they must be **scheduled in advance** so that staff can be scheduled for those events.

~ **All current activities will remain at their regularly-scheduled time** ~

If you have any questions, please call the Front Desk or the Management Team.

COMMUNICATOR

To subscribe to the **Communicator** Newsletter, go to our website, www.Sunflowerliving.com, and scroll down to click the "**Subscribe to Our Residents Newsletter**" link. Part way down the new page you will see a "**Subscribe Here**" link - click on it, fill out and submit the form. You will receive a confirmation email; please respond to it as directed.

SUNFLOWERLIVING.COM

Anyone may access information about our Sunflower Community by going to Sunflowerliving.com. Sunflower residents may view categories such as Governing Documents, Clubs, Committees, Forms, and other information pertinent to our community.

However, in order to view recorded **BOD Meeting Minutes, Financial Reports, Directories, Homeowner to Homeowner Referrals** and other "***protected pages***" on this website, you must enter the password ***which is only available to Sunflower residents.***

Please visit the Village Center front desk for this information so you can sign up for the new password.

HOMEOWNER-TO-HOMEOWNER REFERRALS

By Nickie Kaplan

If you are well-pleased with a business you've dealt with and would like to add them to our list, please send an email with the following information: Name of the Company, Type of Business, Phone Number, Owner or Contact, and any pertinent information about your experience to: NKaplan@associatedasset.com.

I will be happy to add it to the online list.

SUNFLOWERLIVING WEBSITE

A place for posting upcoming club and group events has now been added to the Announcements page on the Sunflowerliving.com website (What's New> Announcements). Clubs and groups are encouraged to send their information to: webteam@sunflowerliving.com to be posted on that page. **Please do not send PDF files.**






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Village Center Front Desk @ Phone: (520) 572-9780 • Fax: (520) 572-8724

Published monthly by Staff & Volunteers of Sunflower Community Association, Inc.

APRIL 2025 ACTIVITY CALENDAR

SUN	MON	TUE	WED	THU	FRI	SAT
		1 9 ARC 9:30 Mah Jongg 10 Potluck Tickets 1 Euchre 1 Ladies Bridge	2 9 Mah Jongg 10 VETS BOD Mtg 10 SF Explores Tuc & Trivia Night Tix 1 MahJongg/Pinochle 4:30 Fun Poker	3 <u>Décor Xchange</u> 9 Quilters/500 Cards 9 Cookout Tix-VETS 1 Mixed Br/Canasta 1 Tech BOD Mtg 1 PRAC 6 Cribbage	4 <u>Décor Xchange</u> 9 Quilters 10 LANDSCAPE 11:30 Fun Poker 4 Corn Hole	5 <u>Décor Xchange</u> 7:30 Coffee Klatch 9 Art Club 9 Quilters Retreat 2 Tech Help 5 Pickleball Party
6 CENTER CLOSED	7 9 Dominoes 10 Craft Club 10 Social Club Mtg 12 Baskets/Fun Poker 12 Social Club Ticket 12:30 Mexican Train 3:30 Chorale	8 9:30 Mah Jongg 10 Potluck Tickets 10 ACTIVITIES 1 Euchre 1 Ladies Bridge 6 BINGO	9 9 Mah Jongg 10 Tech Club Mtg 11:45 ROMEOs 1 MahJongg/Pinochle 3 GOVERNANCE 6 Trivia Night	10 9 Quilters/500 Cards 1 Mixed Bridge 1 Canasta 1 Cookout Tix-VETS 5:30 April Potluck	11 9 Quilters 11:30 Fun Poker 1 WELCOME 4 Corn Hole 6 Game Night	12 <u>7 YARD SALE</u> 7:30 Coffee Klatch 9 Art Club 1 Singles Network 5 Music Under The Stars
13 CENTER CLOSED 	14 9 Dominoes 10 Craft Club 12 Baskets/Fun Poker 1 Vin Gard Mtg 1 Mexican Train 4 Mens Golf Party	15 9 ARC 9:30 Mah Jongg 1 Euchre/Ladies Bridge 1 Life Enrichment 1:30 FINANCE 5:30 Karaoke	16 9 Mah Jongg 1 MahJongg/Pinochle 3 Barrio Bread Sales 4:30 Food Truck R-Up 4:30 OWLS	17 9 Quilters 9 500 Cards Game 1 Mixed Bridge 1 Canasta 2 Tech Help 6 Cribbage	18 9 Quilters 11:30 Fun Poker 2 SF Explores Desert Museum 4 Corn Hole	19 7:30 Coffee Klatch 10 VETS Spring Cookout 5:30 April Social Club
20 CENTER CLOSED 	21 9 Dominoes 10 Craft Club 10 Mother's Day Tix 12 Baskets/Fun Poker 12:30 Mexican Train 3:30 Chorale	22  9:30 Mah Jongg 10:30 PWC Mtg 1 Euchre/Ladies Bridge 2 Genealogy Mtg 6 Game Night 7 SF Readers	23 7:45 ROMEOs 9 Mah Jongg 10 BOD MEETING 1 Mah Jongg 1 Pinochle	24 9 500 Cards Game 9 Quilters (10 BD) 1 Mixed Bridge 1 Canasta 6 Cribbage	25 9 Quilters 11:30 Fun Poker 6 Chorale Concert 4 Corn Hole	26 7:30 Coffee Klatch 9 Art Club 3 Chorale Concert 5:30 Night Bocce Event
27 CENTER CLOSED	28 9 Dominoes 10 Craft Club 10 Social Club Ticket 12 Baskets/Fun Poker 12:30 Mexican Train 1 Mother's Day Tix	29 9:30 Mah Jongg 1 Euchre 1 Ladies Bridge	30 9 Mah Jongg 1 MahJongg 1 Pinochle 4:30 Fun Poker		<u>COMMITTEE MEETINGS</u> 4/1 ARC 4/3 PRAC 4/4 LANDSCAPE 4/8 ACTIVITIES	<u>THIS MONTH</u> 4/09 GOVERNANCE 4/11 WELCOME 4/15 ARC 4/15 FINANCE 4/23 BOD

WEEKLY FITNESS ACTIVITIES

Access to Fitness Room 5:00 a.m. to 11:00 p.m. with Proximity Card Monday through Sunday

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
10 Tennis 4 Pickleball	7:45 Yoga 8 Pickleball 8:30 Tennis 9 Water Aerobics 9:30 Line Dance 1 Chix w/Stix	8 Pickleball 8:30 Tennis 9 Stretch/Tone 10:10 ChairYoga/Pilates 11:30 Wts/Balance 1 Men's Billiards 1 Bocce 2:15 Ladies 9Hole Golf 4 Pickleball	7:45 Yoga 8 Pickleball 8:30 Tennis 9 Water Aerobics 1 Ping Pong 1st, 2nd, 3rd Wed 2:30 Men 9-Hole Golf 3 POP Tennis 6:00 Bocce	8 Pickleball 8:30 Tennis 9 Stretch/Tone 10:10 ChairYoga/Pilates 11:30 Wts/Balance 1 Chix w/Stix 1 Bocce 1 Ping Pong-4th Thurs 4 Pickleball	7:45 Yoga 8 Pickleball 8:30 Tennis 9 Water Aerobics 10 Line Dance 1 Men's Billiards <u>Bowling Disc'd until May 2025-TBD</u>	8 Pickleball 8:30 Tennis 10 Ping Pong *Hiking Info- See Article For Details

TOPICS OF INTEREST

ARTIST GALLERY

By Lori Chase

Our Artist for the month of April is first time display artist, **Allen Davis**. He is an accomplished illustrator and artist. Please come and view his display.

“A BIOGRAPHY by Allen Davis: I have been a successful artist and illustrator for over 40 years, having graduated from Art and Design High School and Parsons School of Design with honors and a B.F.A. My artwork has also enhanced stories of authors as varied & widespread as James Barrie to Joyce Carol Oates, Edgar Allen Poe to Woody Allen. My first picture book (An Oak Tree Dies and a Journey Begins) won the Outstanding Children’s Science Book Award for 1979 and two books within his series of nature books for the Smithsonian Institute, won the Parent’s Choice Gold Award and Silver Award 1994 and 1995. I have been a contributor to Dell Publishing, regularly illustrating for Ellery Queen magazine. In addition, many pieces are owned by private collectors. We relocated from New York with my wife and son to Scarborough, Maine, where we resided in a restored circa 1850s Colonial for 30+ years prior to Arizona, first moving to Oro Valley and now to Sunflower Community. Recently I have redirected my inspiration towards my own artistic visions inspired by my surroundings in both drawing & photography”.

Our artist for May will be **Jenny Starinshak**. Jenny is a painter. Jenny had a display in June of 2023. We are looking forward to seeing her paintings again. Thank you to March artist, **Lois Croly**. Lois continually puts on an artistic painting display.

THE PING PONG GROUP

By Buzz Hoffmann

We play Ping Pong in the Fiesta Room on the **1st, 2nd & 3rd Wednesdays** of each month from 1:00 to 4:00 p.m. We are also now playing on the **4th Thursday from 1:00 to 3:00 p.m.** Please refer to the Communicator for re-scheduled dates & times formerly on Sundays. Questions, please call **Buzz @ 520-572-4258.**

YOGA

By Leslie Parr

We meet for **FREE classes on Mondays, Wednesdays & Fridays @ 7:45 a.m. in the Fiesta Room**

Please remember to bring your own mat, stretch band, block/ball, towel or blanket to the class. If you have any questions, please call **Leslie Parr @ 520-603-8785.**

SUNFLOWER HIKING GROUP

By Hope Collins

The **Sunflower Hiking Group** enjoys the Arizona desert by exploring our scenic local trails. In general, we will have hikes on **Tuesdays and Fridays, from October through March**. The hikes for each month will be listed in the Sun Catcher, and more detailed weekly hike reminders will be posted in the Communicator. Essential details and updates about hikes are sent via **Google Group** emails.

We will finish our Winter hiking season the first week of April and will start group hikes again in mid-October. Occasional hikes may be offered throughout late spring and during the summer months & will be communicated via Google Group email. The Fall hiking schedule will be sent out in late September via the **Google Group**.

If you would like to be kept updated on **Hiking Group** information, send an email to **Hope Collins @ hopecollins65@gmail.com**. If you have questions about the group, or have an interest in leading future hikes, please contact **Bobby Bran @ 520-729-8082.**

APRIL HIKES:

Apr 1 Tue Aravaipa Canyon- Limited Spots- Currently have a Waitlist
Apr 2 Wed End of Season Party- Fiesta Room

BOWLING INFORMATION

By Bonnie Scott

Per Fiesta Lanes February 27th update, the bowling alley may not be open until sometime in **May, 2025**. Once the Bowling alley is open, **Don Preuss** will email the information to existing bowlers. Please refer questions to **Terri Shevlin @ 609-471-4347.**

SUNFLOWER NEIGHBORS

By Katta Mapes

Sunflower Neighbors is a group of volunteers who donate time and transportation to other Sunflower residents. Rides are provided to doctors, dentists, and other medical appointments. This service is intended to be a resource of last resort for those who are unable to drive or are having a procedure where driving oneself would be unsafe.

Send a message to: **Katta.Mapes@gmail.com** to request a ride. In the subject line write **“ride”**. We need a five-day notice to arrange for an available driver. In your email, write the details with your appointment including the day, time and approximate length, the location of your appointment, plus your name, address and phone number.

CARD GAMES

LADIES BRIDGE

By Brooke Murphy

Ladies Bridge is played on Tuesdays from 1:00 to 4:00 p.m. in the Library. We are a relaxed group and play to enjoy the game and each other. Call **Brooke** @ 708-846-7555 or email: bmurphmail@gmail.com.

MIXED BRIDGE

By Mary Lynn Mercer

We have a very fun, easy-going bridge group on Thursday afternoons from 1:00 to 4:00 p.m. in the Craft Room. Call **Mary Lynn** to sign up to play @ 614-323-2463 or marylmercer@hotmail.com.

CANASTA

Thursdays starting @ 1:00 p.m.

We play two versions: **Hand & Foot and Samba**. So join us to see familiar faces & meet new friends.

CRIBBAGE

We invite you to have some fun playing single or four-hand **Cribbage** on Thursdays @ 6:00 p.m. in the Craft Room. (Except on Pot Luck nights)

MEXICAN TRAIN DOMINOES

By Pat Cooke

We meet twice on Mondays @ 9:00 a.m. in the Library and 12:30 p.m. in the Fiesta Room. You may join a group that uses dominoes that have dots or play at another table that is using dominoes that have numbers.

We encourage new residents to join us.

EUCHRE

Would you like to play Euchre?

We meet every Tuesday afternoon from 1:00 to 3:00 p.m. in the Craft Room. Call **Vicky** @ 520-907-3510 for details. *We'd love to have you join us!*

SUNFLOWER 500 CARD CLUB

By Bob Bender

The **500 Card Club** welcomes old and new members and we look forward to having you join us @ 9:00 a.m. Thursdays in the Library for a morning with a fun group (we have a 25 cent/pp donation which goes toward our jackpots). *We are still willing to teach anyone who would like to learn the game*. Call and we will set up a time to teach. Call **Bob Bender** @ 717-804-6425.

MAH JONGG

By Anne Schmidt

We will play **Mah Jongg** from 9:00 to 11:00 a.m. on Wednesdays in the Library. Not ready to make a commitment? *All are welcome, beginner to advanced players!*

TUESDAY (PREV SUNDAY) MAH JONGG

By Lynn Neitzke

We play on Tuesdays from 9:30 a.m. to Noon in the Library. Contact **Lynn** @ 520-268-7784 with questions.

PINOCHLE

By Harlan Quinn

If you like to play single-deck **Pinochle**, join us from 1:00 to 4:00 p.m. on Wednesdays in the Library. There is no cost, and no reservations are needed—**just show up**. We play partners and/or three-handed pinochle, depending on the number of players present. *For information, call one of the contacts listed in the back of the Sun Catcher.*

FUN POKER

By Jim Conley

We play **Poker** in the Library on Mondays and Fridays from 11:30 a.m. to 3:00 p.m. We also play on 1st & 4th Wednesdays of the month @ 4:30 p.m. in the Library.

Everyone is welcome and all you need is a basic knowledge of poker. There's lots of kibitzing & teasing mixed in with some poker. We play traditional games (Hold'em, Draw, Omaha, etc.) & some variations, which add to the fun. New players often bring games they play elsewhere. The stakes are small and there are no dues, house cuts, or wild-card games. *Please join us at the Village Center on any day & we will get you started.*

ARTIST GALLERY FOR 2025

By Lori Chase

If you signed up for the months of **January, June, July, August, October or November of 2025**, please call the front desk and give your name, phone number, type of art display and the month you had reserved. We are relying on your recall, as we have inadvertently lost this information. *This is not to sign up any new artists, but for the existing artists who previously signed up!* *Thank you.*



ACTIVITIES AND CLUBS

ART CLUB

By Billie Barron

This is an open invitation to all Sunflower residents with a desire to create or color something that stirs their imagination. No experience necessary. Work at your own pace with your own choice of medium.

The only request: Bring a plastic-protective covering for the table.

We meet in the Craft Room each Saturday from 9:00 a.m. to 12:00 Noon.

CRAFT CLUB

By Kathy Hummel

April marks the end of a very productive *Craft Club* season. Our crafters created a variety of beautiful items using a wide range of different techniques such as fabric painting, busted canvas, alcohol ink and macrame, just to name a few. The decorative items included crystal vases, bracelets, coasters and wall hangings among others. Our creative crafters celebrated their accomplishments with an off-site luncheon. The *Sunflower Craft Club* meets every Monday from 10:00 to 11:30 a.m.- October to April. *Have a safe and enjoyable summer.*

DANCE & ENTERTAINMENT CLUB

By Karen Barta

Classes are offered year-round, twice a week:

Monday: Beginners Class 9:30 to 10:00 a.m. to go over individual steps used in most dances. 10:00 to 11:00 a.m. Beginners Learn & Dance

Friday: A little more advanced, but everyone is welcome. 10:00 to 11:00 a.m.

11:00 a.m. to Noon - A bit more advanced

To attend, you pay \$5 to the Dance Club for the entire year. The fee goes to the Club for our Club Parties, Dances for the Community, & whatever else we decide to do. *Not sure? Just come try us out.*

SUNFLOWER PHOTOGRAPHY CLUB

By Vince Senski

The *Sunflower Photography Club* is a supportive community club where we can share our joy of photography, learn from each other, and grow together. Whether you're using a Smartphone camera or more complex equipment, or if you're an experienced photographer or just starting out, there's a place for you in our club! Please watch your email for the Sunflower Communicator where you will find the date and time of our April meeting. If you missed our first meetings you are still welcome to join us! Please email *Vince Senski* with any questions: vinceduluth@gmail.com.

FITNESS CLUB

By Kevin Uden

Water Aerobics: *Monday, Wednesday, and Friday, 9:00-10:00 a.m.* We are using CD workouts that last 45-55 minutes. They give a well-balanced workout focusing on core, upper body, knees, & hips. Noodles & water weights may be used and are available at the pool.

Fitness Club membership cards are required.

Violet Boren, our certified fitness instructor, has been teaching 2 classes since November, 2024

Stretch and Tone: *Tuesday and Thursday, 9:00-10:00 a.m. in the Fiesta Room.* This is a full-body workout completed while sitting or standing, working on strength, flexibility, and balance. Participants will be using a 10" ball, light-hand weights, and stretch bands.

Chair Yoga/Pilates: *Tuesday and Thursday, 10:10-11:10 a.m. in the Fiesta Room.* This will incorporate the moves of Yoga and Pilates while being seated. Yoga improves strength, balance and flexibility. It can also benefit people with back and arthritis pain. Pilates benefits muscle strength and tone. Participants will work on abdominal control and proper breathing. Together Yoga and Pilates will strengthen the body, calm the mind and enhance mobility, coordination, and flexibility.

Fitness membership cards are required but not punch cards at this time.

Please make sure you have your new 2025 Membership Cards -- available at the front desk for \$15.00/each - Please make checks (only) payable to:

Sunflower Fitness Club.

These cards are valid through December 31st, 2025.

WEIGHTS, STRENGTH AND BALANCE

STRENGTH TRAINING

By Marlene Spencer

Tufts University research shows that a program of strength training not only improved bone density, but also reduced falls and improved arthritis symptoms. Balance, coordination, flexibility and endurance are also improved. This program is based on that research, and instructors must be certified. This low-impact program is appropriate for both sedentary and active people.

Classes: Tuesdays & Thursdays @ 11:30 a.m.

Please bring your own weights/ankle weights:
1# to 2#-women / 2# to 3#-men.

No Punch Card Needed

GENEALOGY SOCIETY

By Paulette Weiser

Our April speaker, **Duane Roen**, will present “**Tracing Your Norwegian (and Swedish) Roots**” on **Tuesday, April 22nd @ 2:00 p.m. in the Fiesta Room and via Zoom.** Resources for Norwegian genealogy are amazing. They go back to the 1500s, the resources are online, and they are free! **Duane** has been tracing his Norwegian ancestry since his teens (Roan was originally Raaen, a Norwegian farm name). He will share his sources and tips for finding info on your ancestors. He will also include some Swedish resources.

Duane Roen has built a database of the results of his own research with more than 32,000 Scandinavian ancestors. He and his wife, Maureen, have been recording their family history since 1978 with more than 19,000 daily journal entries on their family. He worked with colleagues at ASU to establish courses on writing and recording family history, recently retiring.

The SGS resources available to members include, in addition to monthly programs: mentors, our library, and our web pages. Our mentors are experienced in using all sorts of resources to find our ancestors - both those online and those “in the field,” such as courthouses, cemeteries, archives, historical organizations, and local libraries. A mentor can assist you in learning those many resources and how to access them. Our library contains books, pamphlets, maps, magazines, CDs and DVDs containing a multitude of resources accessed with a provided index. Our web pages include previous programs, access to the website **MyHeritage**, and a variety of useful forms.

SUNFLOWER READERS

By Jann Swanson

As a change of pace, this month the **Readers** will be reading a **Sherlock Holmes** murder mystery.

In 2011, author **Anthony Horowitz** was given approval by the estate of Arthur Conan Doyle to write a new book based upon his beloved characters Sherlock Holmes and Dr. Watson. The story follows **Holmes and Watson** as they are drawn into an international conspiracy involving a mysterious entity known as the ‘**House of Silk**’, the title of our book.

Please join us in the Library on Tuesday evening April 22nd @ 7:00 p.m.

as we discuss this interesting novel.

TECHNOLOGY CLUB

By Katta Mapes

April 9th @ 10:00 a.m.



Member Meeting in the Fiesta Room

TECH TALK:

It's All About the Megapixels in Digital Photography

Photographer **Vince Senski** will talk about his journey from silver halides to megapixels. In the early 1990s, somebody did take his Kodachrome away, and **Vince** eventually made the reluctant and slow transition to digital photography. Join us for tips and techniques to enhance your photographic skills, and inspire you to capture the images you love.

** Remember, you can see past meetings on **You Tube** – just search for **Sunflower Tech Club** on You Tube.

TECH HELP for Club Members: *The Tech Help Sessions will be held this month on Saturday, April 5th in the Craft Room and Thursday, April 17th in the Fiesta Room.* Both sessions are from 2:00 to 3:00 p.m.

PRIMAVERA

By Patrick Steliga

Primavera Foundation qualifies for the Arizona Charitable Tax Credit as a 501(c)(3) non-profit organization. Your gift will further its mission to co-create pathways out of poverty. The maximum tax credit you can claim is based on your personal tax situation and whether you file a joint or individual state tax return. Please consult your financial advisor or tax preparer to determine your eligibility and how you can put your tax dollars to work in this meaningful way.



Thanks very much for your consideration.

Use **QCO Code 20680** on your tax return.

Couples filing jointly - \$938 maximum

Individual filing - \$470 maximum

Please see the first link below for information about **Primavera** accomplishments during fiscal year 2023-24. **Please see the second link below to make an online donation.** The third link below is from the **AZ Department of Revenue.** ***Thanks for all of your donations.***

<https://primavera.org/wp-content/uploads/2025/02/Primavera-Impact-Report-2024-2.pdf>

<https://primavera.org/give/>

<https://azdor.gov/tax-credits/credits-contributions-qcos-and-qfcs>

VINTAGE GARDENERS CLUB

By Marie Van Huis

What a blooming success our Home Garden Tour and Ice Cream Social was on March 22nd! Eight of our talented Sunflower neighbors opened their gates to showcase their incredible Arizona-friendly gardens. We saw a fantastic variety, from vibrant flowering displays to practical edible gardens, clever raised beds, soothing water features, and of course, the resilient beauty of cacti and succulents. A huge **thank you** to our homeowners for sharing their expertise and the unique challenges and triumphs of gardening in our beautiful desert climate! We also want to extend our **heartfelt gratitude** to the amazing volunteers who made this event possible! *We couldn't have done it without you!*

*Our next meeting on April 14th at 1:00 p.m. in the Fiesta Room is crucial for the future of our **Vintage Gardeners Club**. As a charter club established in 2007 and one of the largest in our community, we rely on the participation of our members. **We're holding elections for officers and board members at this meeting. This is your chance to shape the future of our club!** We're looking for individuals who are enthusiastic about gardening, community, and keeping our club vibrant. **We hope we can count on YOU to step up and support our activities.***

Don't Miss Our Final Meeting on Monday, April 14th @ 1:00 p.m. in the Fiesta Room. We're welcoming a Master Gardener who will be speaking on "**Gardening as We Age.**" Did you know Dutch researchers found that gardening is a fantastic stress reliever? Let's learn how to maximize the benefits for our well-being. Please visit our page on the Sunflower community website @ www.sunflowerliving.com or email us @ sfvtgardens@gmail.com.

"As you grow older, you will discover that you have two hands—one for helping yourself, the other for helping others." ~ Audrey Hepburn

HEALTH & SAFETY

CANCER SURVIVOR GROUP

By Jan Keogh

The **Sunflower Women's Breast Cancer Group** extends an invitation to women in Sunflower who are currently being treated or who were formerly treated for any type of Cancer **to come join us.** While our treatments may be different, our feelings and emotions are the same.

Our support group has been meeting for 20 years, and we are a wonderful sisterhood of cancer survivors. **We meet the second Wednesday of each month in our homes from 2:00 to 4:00 p.m.** Please call **Jan Keogh @ 520-579-1018** to learn our next meeting place.

This month, *Katta Mapes, Counselor & Life Coach,* will lead a mini-workshop entitled:

"Speak Your Truth" empowering participants to express their authentic selves.

PARTNERS W/CHALLENGES SUPPORT GROUP

By Armand La Potin

We now welcome ALL Sunflower resident caregivers, as well as their Mates who may be confronting different neurological challenges. We maintain a confidential and casual atmosphere where we can share experiences on, or have questions about, such matters as: sources providing respite care, prescriptions, exercise regimens, therapies, and anything else participants want to bring up.

We meet 4th Tuesday of every month in the Craft Room

@ the Village Center from 10:30 to 11:30 a.m.

Please contact **Armand @ 520-780-4547.**

FILE OF LIFE PAMPHLET FROM THE FIRE DEPARTMENT

The **File of Life** is a small pamphlet, with all your medical information on it. It is magnetic and goes on your refrigerator.

If you have a medical emergency, EMTs and firemen know to check the front of the refrigerator for this vital information.

This File of Life is free and you can pick ONE up at the Village Center.

SUNFLOWER MISSION STATEMENT, CORE VALUES & VISION

MISSION STATEMENT:

The Mission of Sunflower, an active adult community of 967 homes, is to be good stewards of common property and funds and to offer our residents a variety of opportunities to enrich their physical, cultural and social well being.

CORE VALUES:

The Core Values of Sunflower are:

- Maintain the beautiful physical appearance of the community
 - * Support a harmonious community
 - * Respect the differences of all in the community
- Nurture an environment that allows the enrichment of the lives of all in the community
 - * Ensure the financial integrity of the association

SUNFLOWER VILLAGE CENTER HOURS OF OPERATION

Monday through Saturday from 7:30 a.m. to 7:00 p.m.

CLOSED ON SUNDAYS

We will remain open for evening events as they are scheduled in advance.

Pool & Fitness Proximity access from 5:00 a.m. to 11:00 p.m.

For access, you MUST enter Village Center WHEN OPEN.

If Center is closed, please use the after-hours front entrance gate.

SPECIAL INTEREST CLUBS AND THEIR CONTACTS

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ART CLUB

Billie Barron 520-334-7508

BACCHUS WINE

Sandy Persels 520-572-1936

BASKET-WEAVING WIZARDS

Karen Donahue 520-572-2250

BILLIARDS

Jim Damato 520-744-7031

Joe Malone 520-572-4697

BLOCK WATCH

Katta Mapes 520-304-4812 (talk/text)

Katta.Mapes@gmail.com

BOCCE

Julie Frickel 406-461-0718

Kevin Uden 928-231-2488

Marcia Ceciliot 916-316-0123

BOWLING

Terri Shevlin 609-471-4347

BRIDGE: LADIES

Brooke Murphy 708-846-7555

BRIDGE: MIXED

Mary Lynn Mercer 614-323-2463

CANCER SURVIVORS

Jan Keogh 520-579-1018

CHORALE

Sue Horsfall 520-425-0586

CRAFT CLUB

Chris Polk 520-820-5227

CRIBBAGE

Kirk Andrews 401-419-5570

DOMINOES

Pat Cooke 520-616-8082

EUCHRE

Vicky Beard 520-907-3510

FITNESS CLUB

Sue Uden 928-916-0059

FUN POKER

Jim Conley 520-308-9798

GENEALOGY

Paulette Weiser 419-308-0237

GOLF - MEN

Don Sanderson 520-241-7676

Jim Chaloupka 520-572-0062

HIKING CLUB

Hope Collins 815-540-3666

Bobby Bran 520-729-8082

LINE DANCE/ENTERTAINMENT

Karen Barta 586-292-6177

MAH JONGG

Anne Schmidt 520-572-4033

Lynn Neitzke 520-268-7784

NINE-HOLE GOLF - MENS

Jim "Murph" Murphy 708-846-7556

NINE-HOLE GOLF - LADIES

Aileen Fundingsland 520-906-4427

PARTNERS WITH CHALLENGES SUPPORT GROUP (PWC)

Armand LaPotin 520-780-4547

PATRIOT'S PANTRY

Dann Cooke 520-404-4178

PING PONG

Buzz Hoffmann 520-572-4258

PICKLEBALL

Rick Lybarger 509-690-1991

Terri Shevlin 609-471-4347

PINOCHLE

Jim Damato 520-744-7031

Harlan Quinn 520-225-7375

POP TENNIS

Chris Schatte 231-715-6490

Gary Engel 623-221-8813

POTLUCK CLUB

Susan Sifers 540-538-6502

PRIMAVERA FOUNDATION

Patrick Steliga 262-422-8791

QUILTERS CLUB

Carolyn La Potin 520-780-4937

ROMEOs/OWLS

Dick Teugh 520-579-5826

Dennis Abrams 970-231-3459

SOCIAL CLUB

Bette Sumner 520-572-2094

STRENGTH AND BALANCE

Marlene Spencer 520-572-2554

SUNFLOWER NEIGHBORS

VOLUNTEER TRANSPORTATION

Five days in advance please

Katta Mapes Katta.Mapes@gmail.com

SUNFLOWER READERS

Marcia Olson 520-888-6932

Jann Swanson 520-579-7578

TECHNOLOGY CLUB

Katta Mapes 520-304-4812 (talk/text)

Katta.Mapes@gmail.com

TENNIS CLUB

Charlie Barlow 360-870-6517

Susan Page 520-742-1373

VETERANS

Sharon Bender 717-818-5505

Larry Schierer 520-975-1164

VINTAGE GARDENERS

Lois Croly 520-369-1524

Marie Van Huis 520-572-0045

WELCOME COMMITTEE

Lynn Haye 847-401-6343

YOGA

Leslie Parr 520-603-8785

Revised April, 2025

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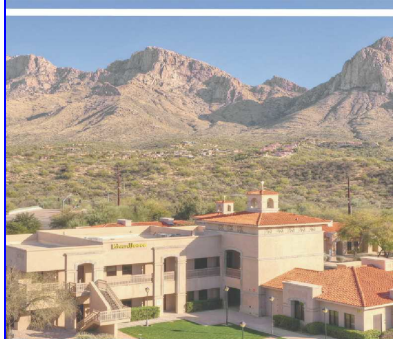
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March 2
Communion Sunday (see below for times)
7:30am - 12pm Red Cross Blood Drive
3pm UA Symphonic Choir Free Concert

March 5
6am-9am Ashes-to-Go Magee Campus
10am - 12noon Ashes-to-Go Starbucks
6:30pm Ash Wednesday Service Magee Campus

March 23
3pm Andrew Sords, Violin Free Concert

Lent: the season of dust, honesty, and realizing we've been holding it all together with duct tape & a prayer.

April 6
Communion Sunday (see below for times)

April 12
9 am - 12 noon Easter Event & Egg Hunt
11 am - 12 noon Harp in the Garden

April 13
Palm Sunday and Potluck
Chancel Choir Easter Cantata (see below for times)

April 17
6:30pm Foot Washing and Communion

April 18
6:30pm Good Friday Tenebrae

EASTER SUNDAY April 20
6am Sunrise Service
Brunch until 11:30am
8:30 and 10am worship at Magee
10am worship at Sanctuary
11:15 am egg hunt at Sanctuary
11:30am worship at Magee

What to Expect on Sundays

Sanctuary Campus
(Coyote Trails Elementary School beginning April 6)

Services last just a little over an hour
Thought-provoking and engaging message about encountering Jesus.
Engaging teaching in a safe and fun environment for your kids (and nursery childcare for the littlest ones).

- Modern music led by our Praise Band (**10am**)
- Teaching from Pastor Tu'ulauena Lolohea

Magee Campus
(Magee/La Canada)

- Traditional music led by our choirs (**8:30 & 10am**)
- Modern music led by our Praise Band (**11:30am**)
- Teaching from Rev. Lynn Bartlow

St. Mark's
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Campus

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Beginning 10am Sunday, April 13, 2025



Join us for lunch on April 13...
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Pastor Tu'ulau Lolohea
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St. Mark's UMC



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**GOOD
Friday**

April 18

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Traditional 6:30 pm

**Easter
Sunday**

April 20

Worship Services

8:30 am Traditional
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ABR, CRS, GRI, MRP, SFR, SRES

Let Me Help You with Your Real Estate Needs

Call or Text (520) 668-5037
Christine@Christine-Ed.com



Tierra Antigua
REALTY



Two Important Questions to ask when selling your house.

- 1.) What is your sale price to original asking price ratio?
- 2.) What are your average days on market?

Here are our answers:

Sales Price to List Price*			Average Days on Market*		
<i>The Walter Team</i>	SUNFLOWER MARKET	55+ COMMUNITIES	<i>The Walter Team</i>	SUNFLOWER MARKET	55+ COMMUNITIES
99.3%	97%	96%	23 Days	36 Days	50 days

*Per MLSSA closed statistics for the Sunflower Subdivision Jan 1, 2024-Dec 31, 2024.

We don't work with everyone, but if we work with you, we get results!
How does this effect you? Reach out with any questions.



The Walter Team

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Proud supporters of the Sunflower Veterans Club



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